

# Original Skate Dances



by George and Elsbeth Muller

# The Authors



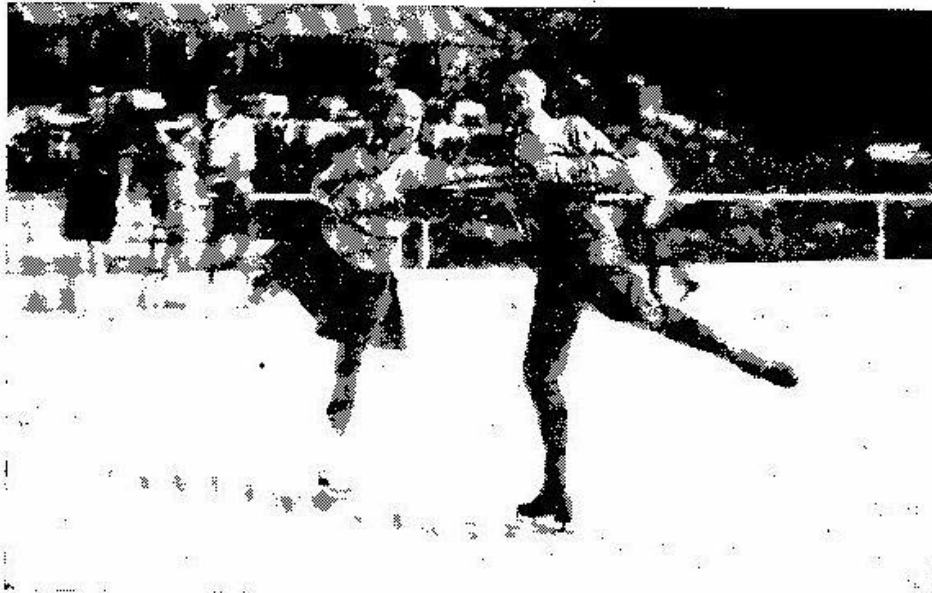
**W**E HAVE KNOWN George and Elsbeth Muller for quite a few years. In fact, from 'way back when skate dancing was only considered to be an amusing pastime on both ice and rollers in these United States . . . long before folks had come to agree upon which dances might be skated in competitions.

But even then the Mullers were already "a name" in skate dancing. They were recognized composers of merit. People were skating their dances in many places — "The Missouri Dance," "Boston Ten-Step" and others.

The Mullers came to the United States from Germany. They had skated for years in the old world as outstanding amateurs and after becoming professionals had turned essentially toward the teaching field. In addition to the United States and Germany, they have skated in Austria, Belgium, Spain, England, Switzerland, Australia and Canada. They have taught at many famous skating clubs in this country, then as the field of ice dancing grew into a fascinating sport in 1935 and '36 they were drawn into the expanding orbit of the roller skating sport. Thereafter their activities were shared in the two mediums.

The years have passed and the file of skate dances has grown thick, composed by George and with his wife, Leah, on one hand and by Elsbeth on the other. All moods, all tempi, are represented in this file and at long last they have selected "their best" for this book. The selection required over twenty months time by George and Elsbeth before they permitted us to print.

A tribute to the Mullers for their wonderful compositions is the fact that many of their original dances are now included in ice and roller skating dance tests. Their dances are skated in many countries. So we can say without reservation that you are now opening these pages to more fun in skate dancing than ever before under the personal guidance of our greatest contemporary skate dance composers.



GEORGE AND ELSBETH MULLER AT SUN VALLEY



*Original*  
**SKATE DANCES**

by

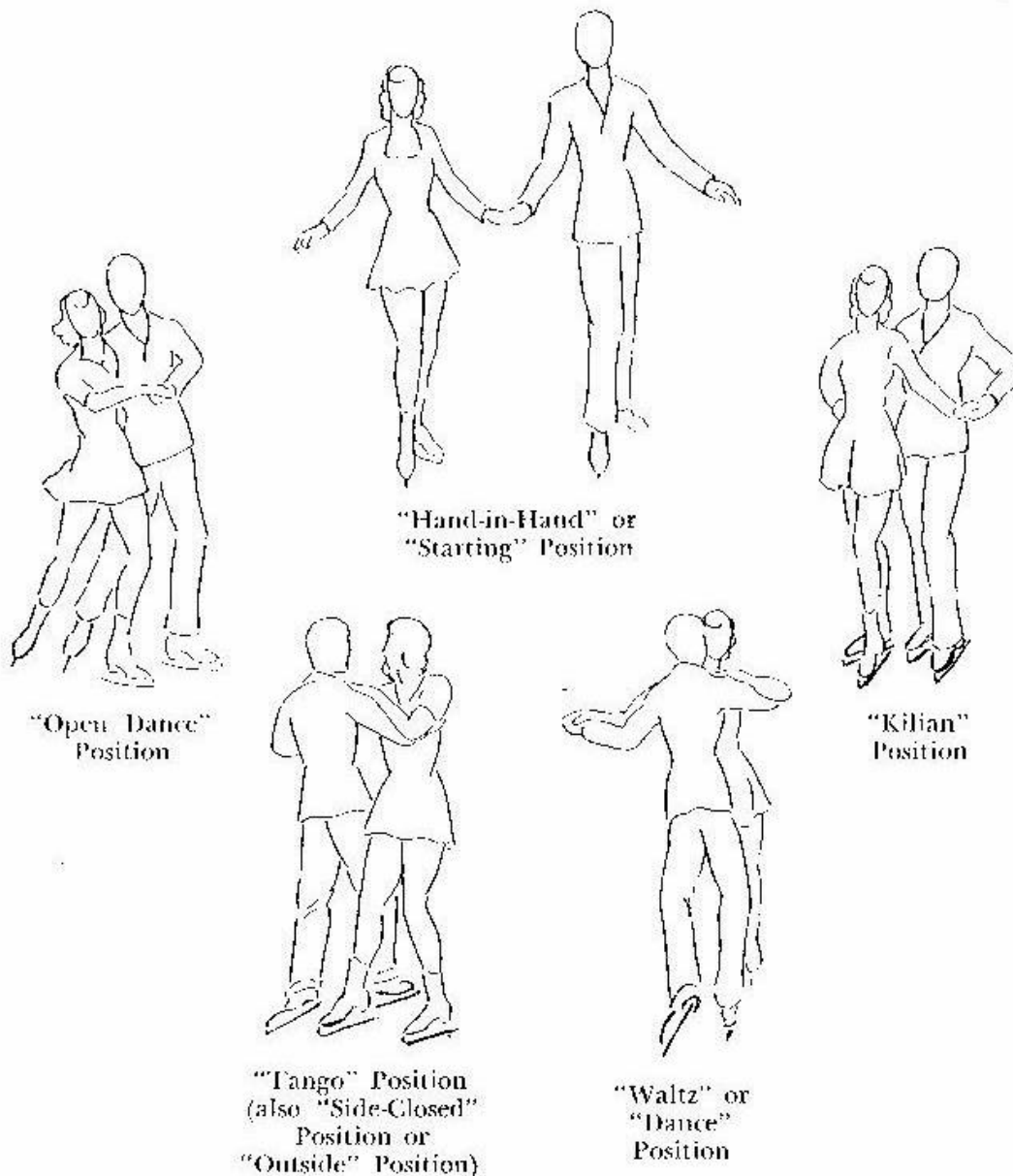
George and Elsbeth Muller



**APPRECIATION**

The authors wish to express their appreciation and gratitude to the following persons, publications and organizations for permitting publication of certain dances by the authors which have heretofore been published under copyright. Especially to the USFSA, "Skating" Magazine, and Teresa Weld Blanchard, our gratitude for a most wonderful presentation of our dances throughout the years. To the RSROA, "Skating News" and its former official magazine, "Skating Review," our appreciation for the presentation of many of our dances which have been enjoyed by roller skaters everywhere.

Although the contents of this book are protected under copyright, it should be understood that skating associations may secure the right to use and publish those of our dances which may serve to the benefit of skaters on ice or rollers.



## TEMPII

The timing of skating music for the dances as presented in this book should be arranged unless otherwise notated that for roller skating purposes, the tempo of each dance shall be approximately 10% less than that given for ice skating. In a number of cases, special notes have been given for certain dances describing the exact roller tempo.

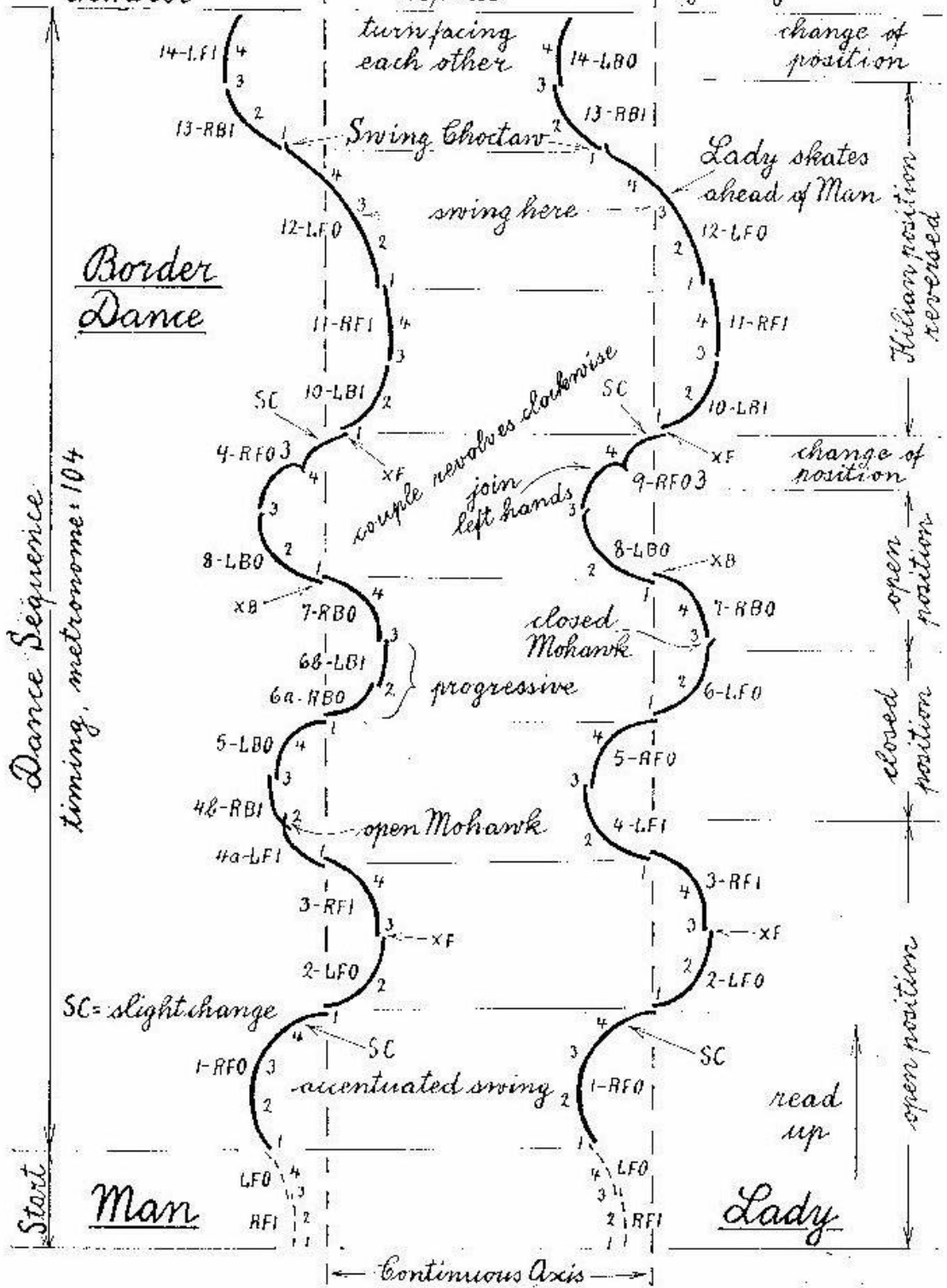
## NOTE REGARDING THE DIAGRAMS

It should be explained that herein many of the dances bear symbols which until quite recently were used exclusively in this country (viz: I. O. F.) while there are many diagrams which bear the British type of symbols (viz: L. F. O.). It is hoped that the use of both methods in these diagrams will not create confusion. Skaters studying from this text should examine the diagrams at the outset and it will be found very simple to discern the method or symbol being used.

# Adora Fox Trot

Music:  
Fox Trot

by George Muller



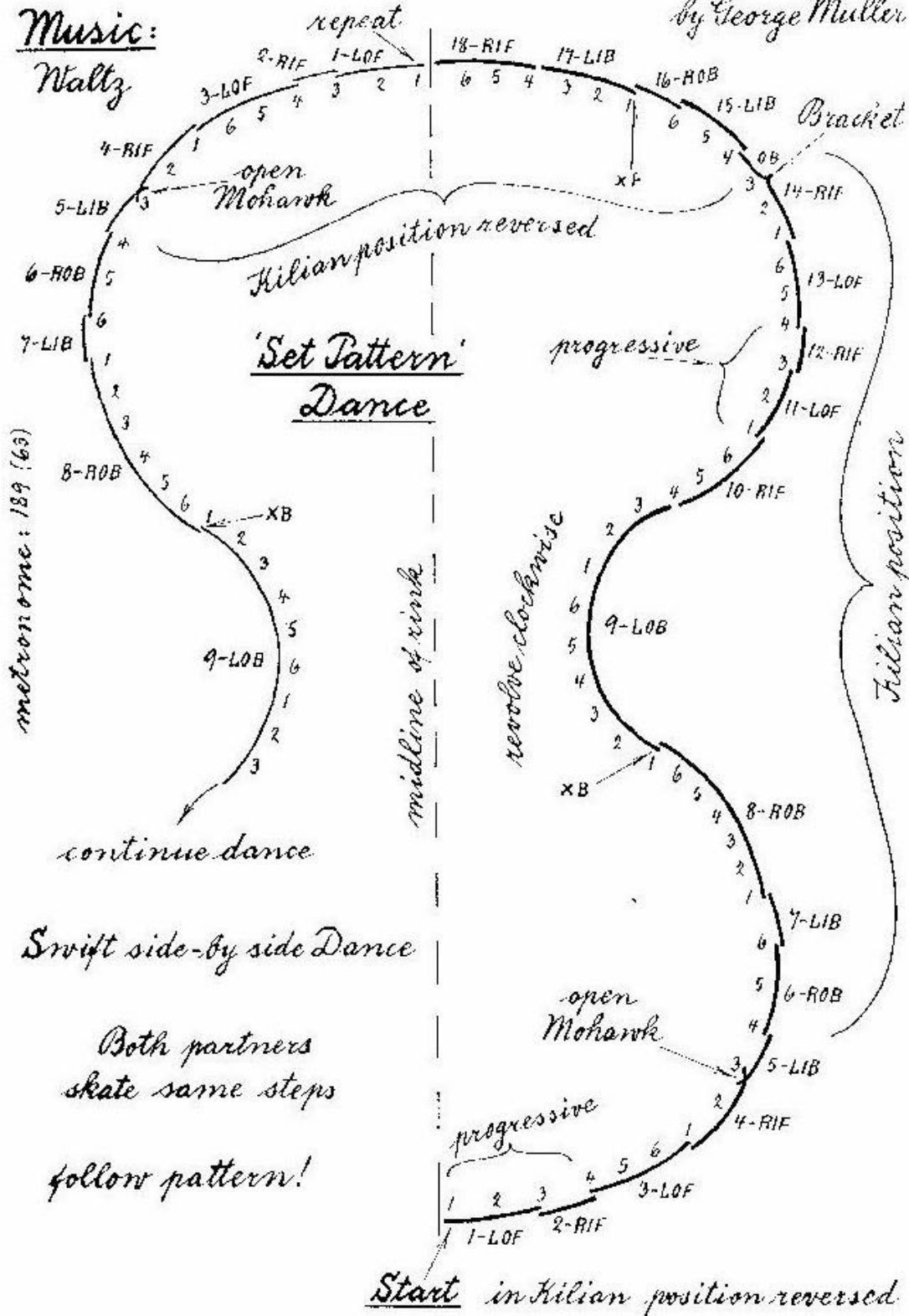
Dance Sequence  
timing, metronome: 104

# Aeroplane Dance

by George Muller

Music:

Waltz



metronome: 189 (63)

continue dance

Swift side-by-side Dance

Both partners skate same steps

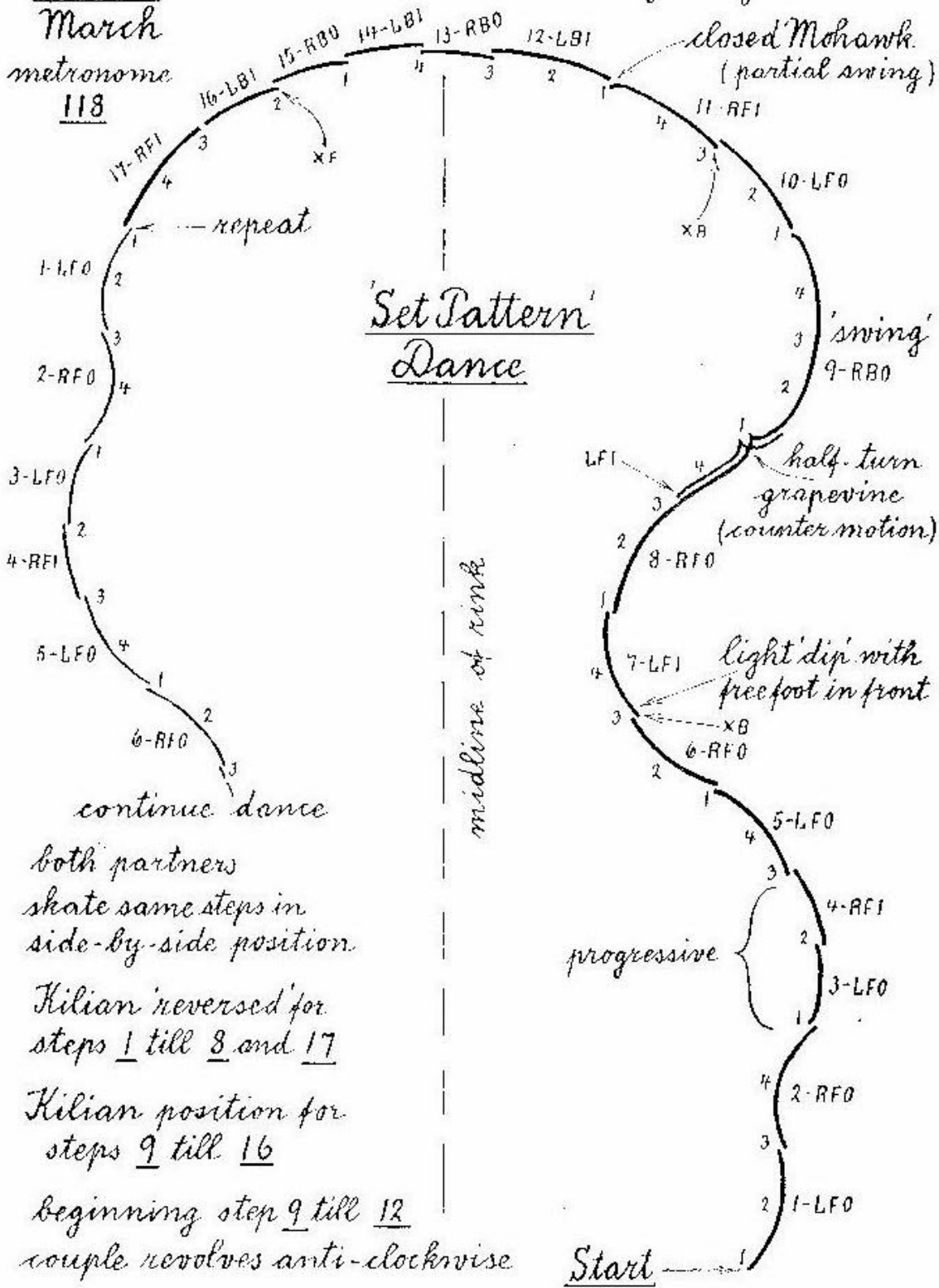
follow pattern!

Start in Kilian position reversed

# AMERICAN DANCE

Music:  
March  
 metronome  
118

by George Muller  
 closed Mohawk  
 (partial swing)



continue dance

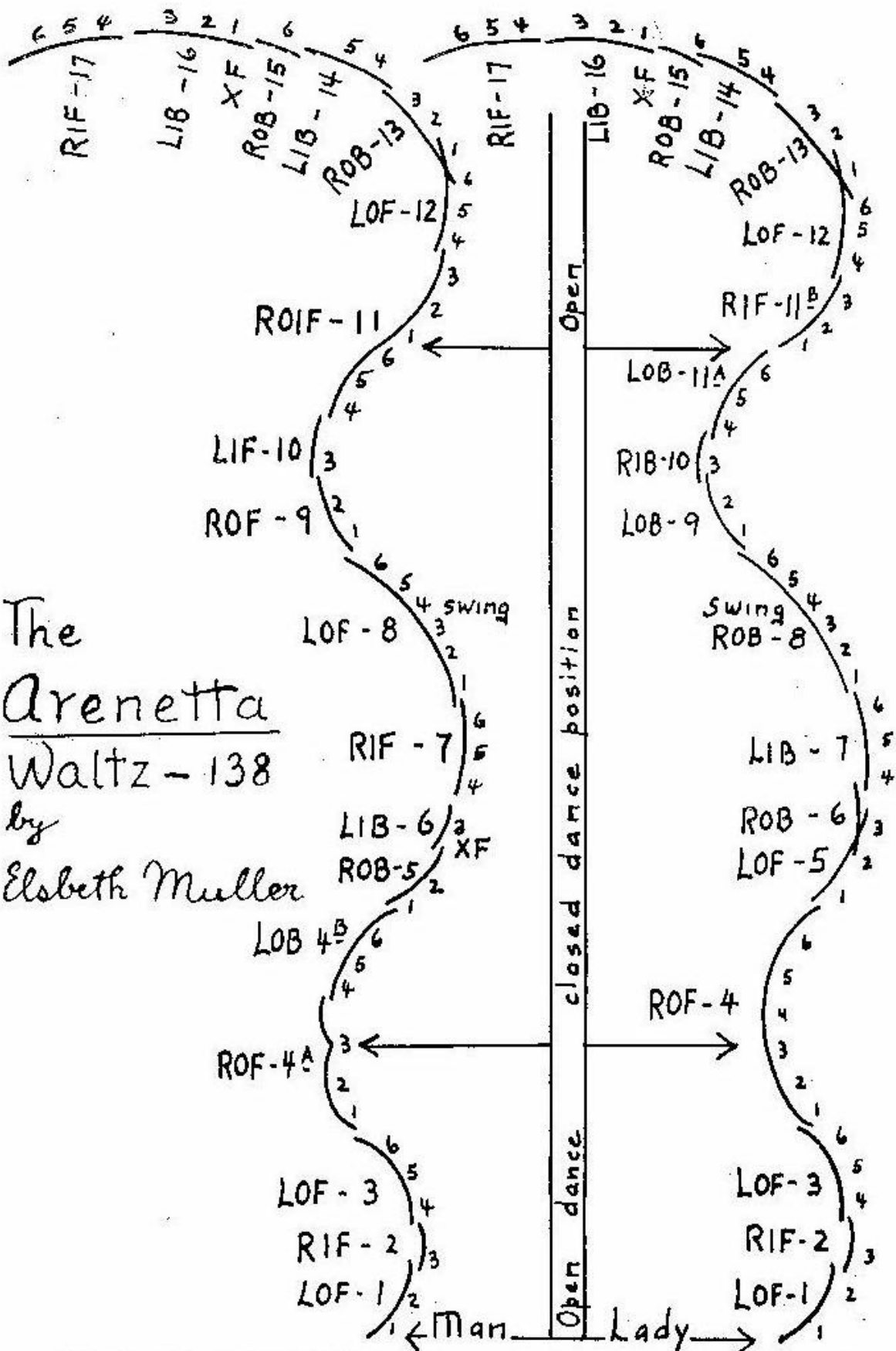
both partners  
 skate same steps in  
 side-by-side position.

Kilian reversed for  
 steps 1 till 8 and 17

Kilian position for  
 steps 9 till 16

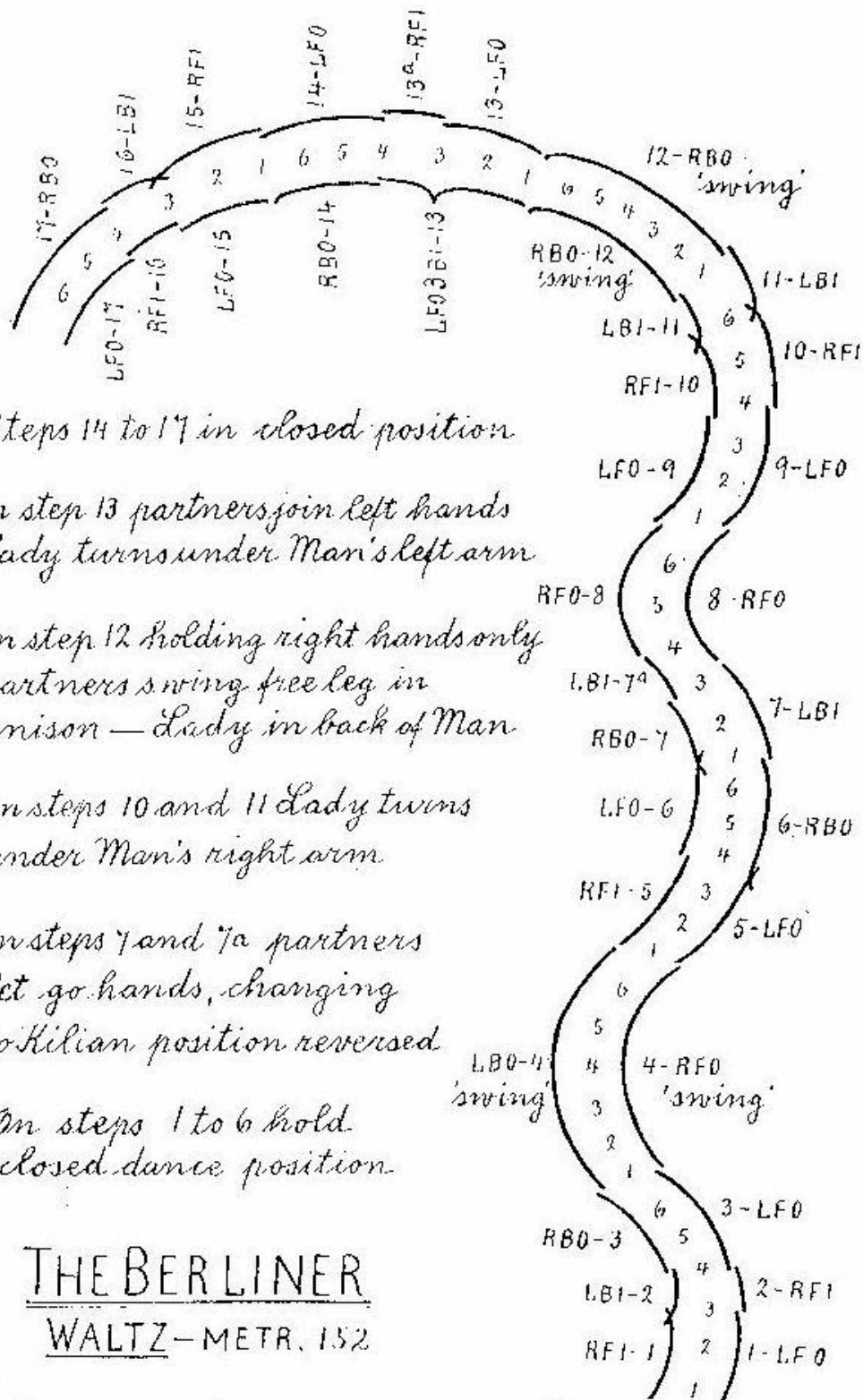
beginning step 9 till 12  
 couple revolves anti-clockwise

The  
Arenetta  
 Waltz - 138  
 by  
 Elsbeth Muller



This dance should be skated to a Viennese waltz of medium speed. Racing by the dancers creates necessity to take shortcuts and flats. The character of the dance is then lost. In the mohawk as skated by both partners, the lady's right hand and man's left hand may be disengaged to a shoulders-in-line position, rejoining hands upon completion.





Steps 14 to 17 in closed position

On step 13 partners join left hands  
Lady turns under Man's left arm

On step 12 holding right hands only  
partners swing free leg in  
unison — Lady in back of Man

On steps 10 and 11 Lady turns  
under Man's right arm

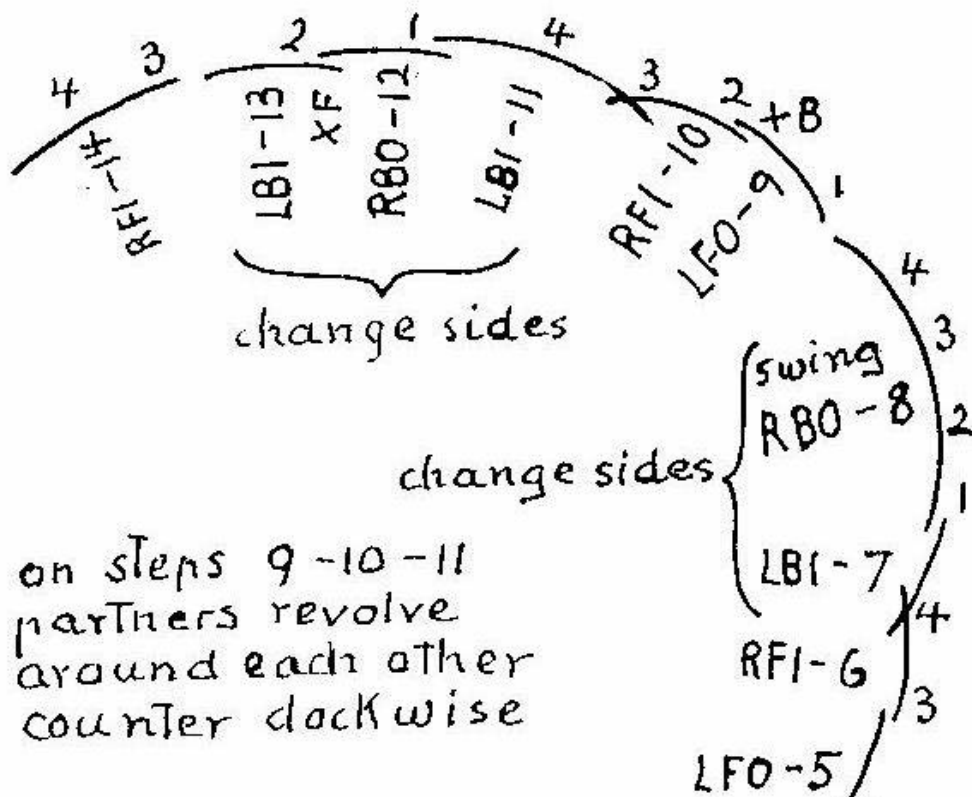
On steps 7 and 7a partners  
let go hands, changing  
to Kilian position reversed

On steps 1 to 6 hold  
closed dance position.

THE BERLINER  
WALTZ—METR. 152

By  
George and Elsbeth  
Muller

Lady      Man  
Lady starts to right of Man



## Boston Fox Trot

Metr. 92 or 96

by

George and  
Elisbeth Muller

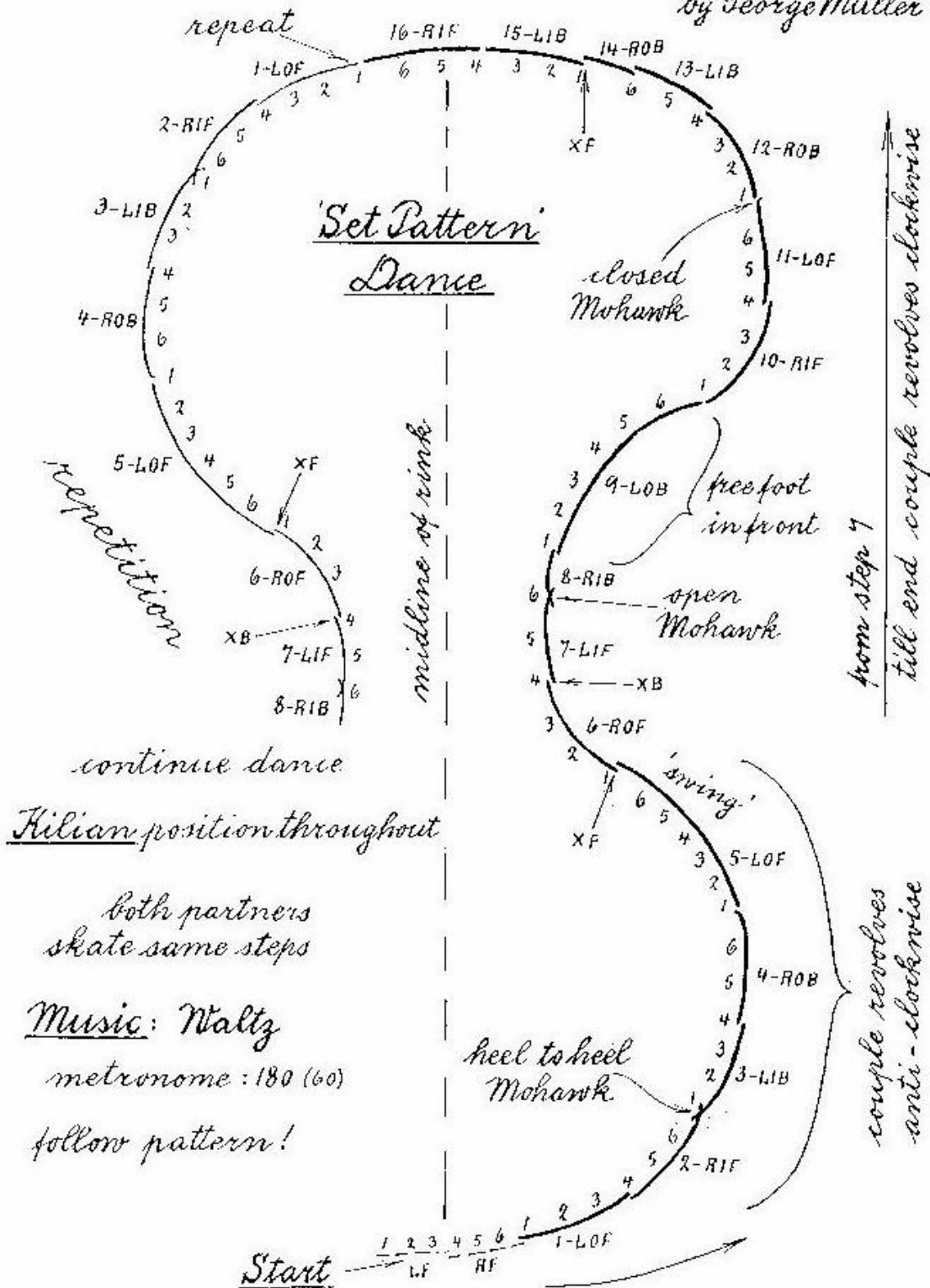
Set pattern dance -  
for circular pattern use  
steps from 5 to 14

Reversed Kilian position →

This dance is similar to the Fourteen-Step which originally was also a Ten-Step. Four steps have been added to break up the monotony of skating all steps to the same radius on a circular pattern.

# California Dance

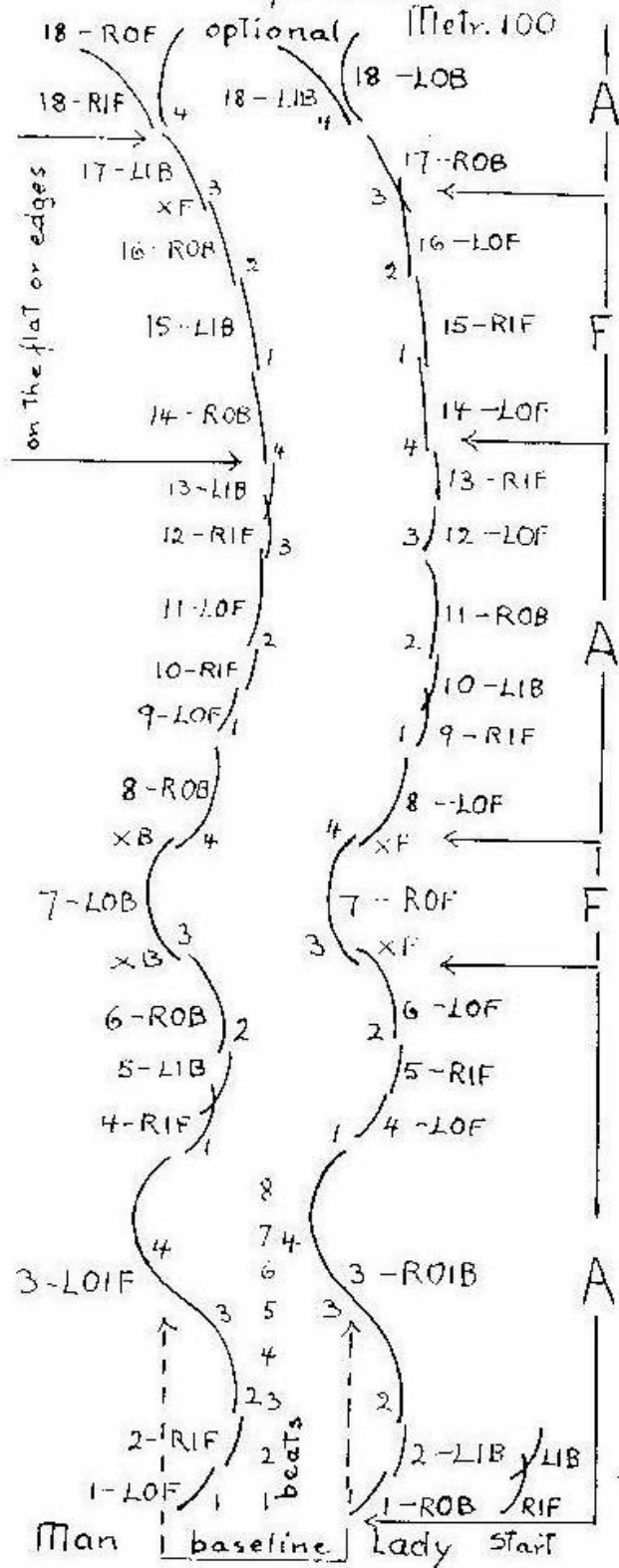
by George Muller





# The CARNIVAL TANGO

by Elsbeth Muller



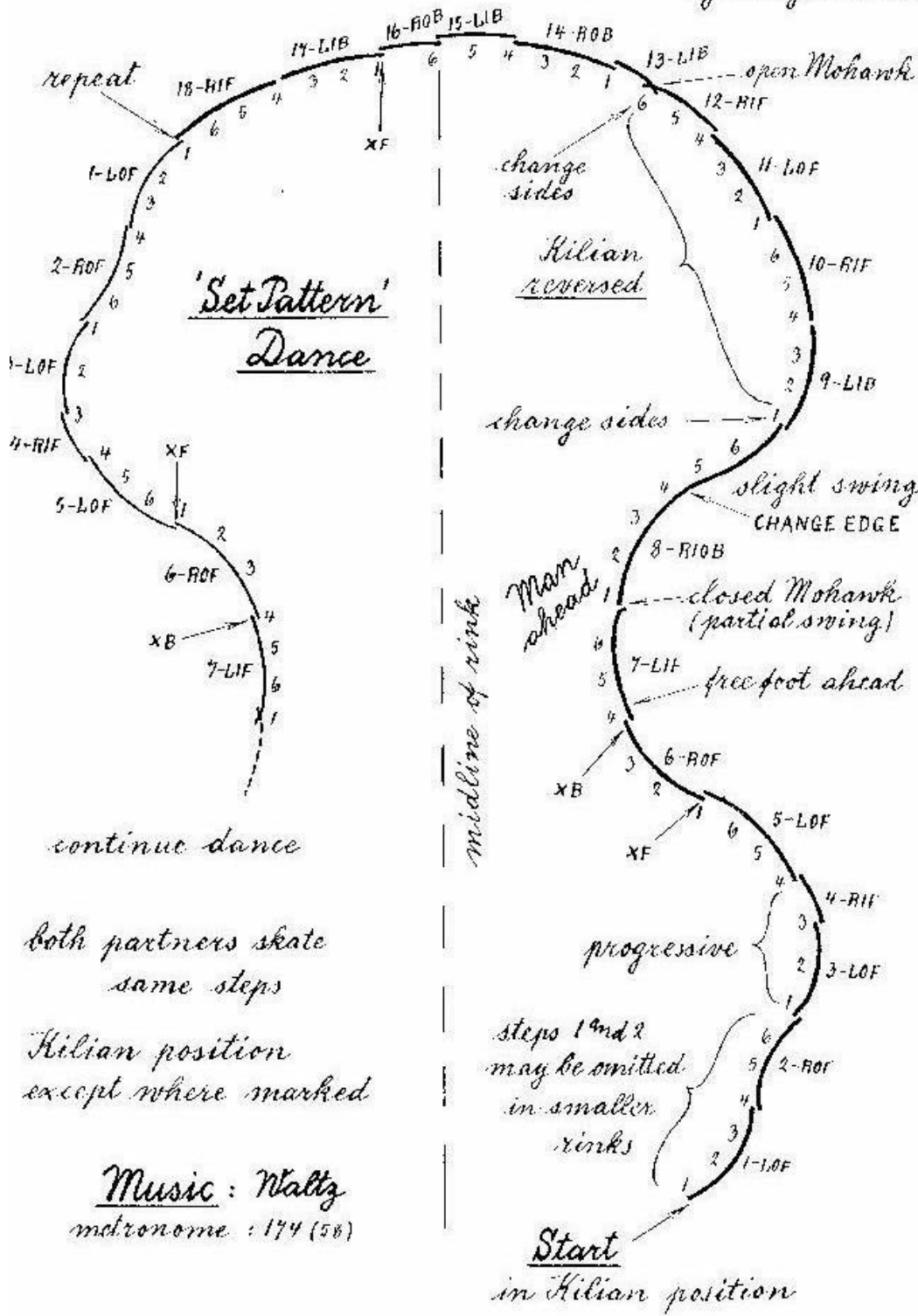




On narrow rinks, steps 23 and 24 may be omitted.

# The Columbia Dance

by George Muller



both partners skate same steps

Hilian position except where marked

Music: Waltz  
metronome: 174 (58)







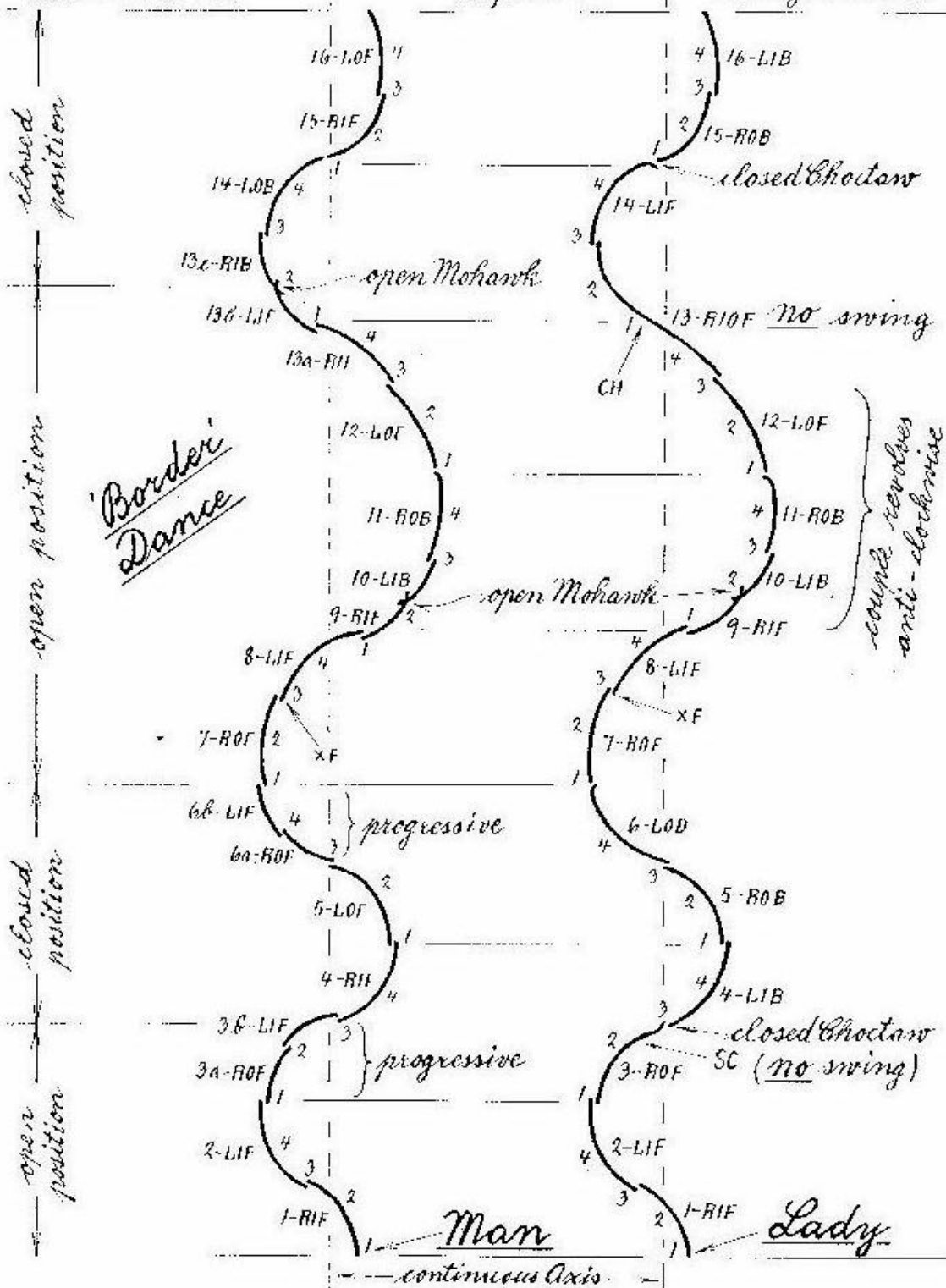
# DANDY FOX TROT

Music: Fox Trot

metronome: 104

composed by  
George Muller

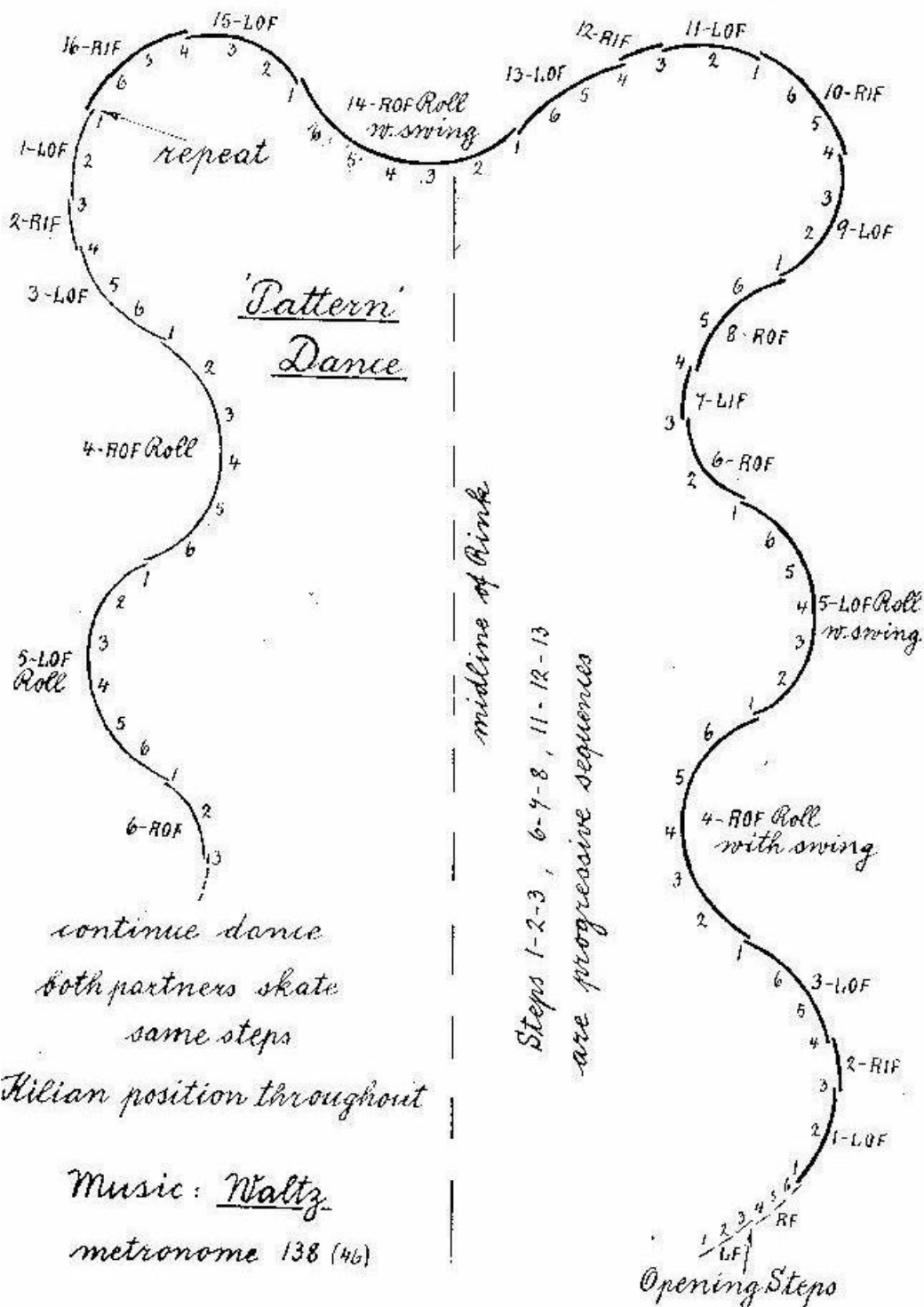
repeat



Step 8 LIF for the man and lady is better skated crossed forward (XF). For optional movement the lady, instead of changing edge on step 13 ROOF, count 3-4-1-2 may use on count 1-2 an LIF-ROF close chasse and then proceed with step 14--LIF Choctaw to 15--ROB as in diagram. There is no change in steps for the man.

# The Dutch Waltz

By George Muller

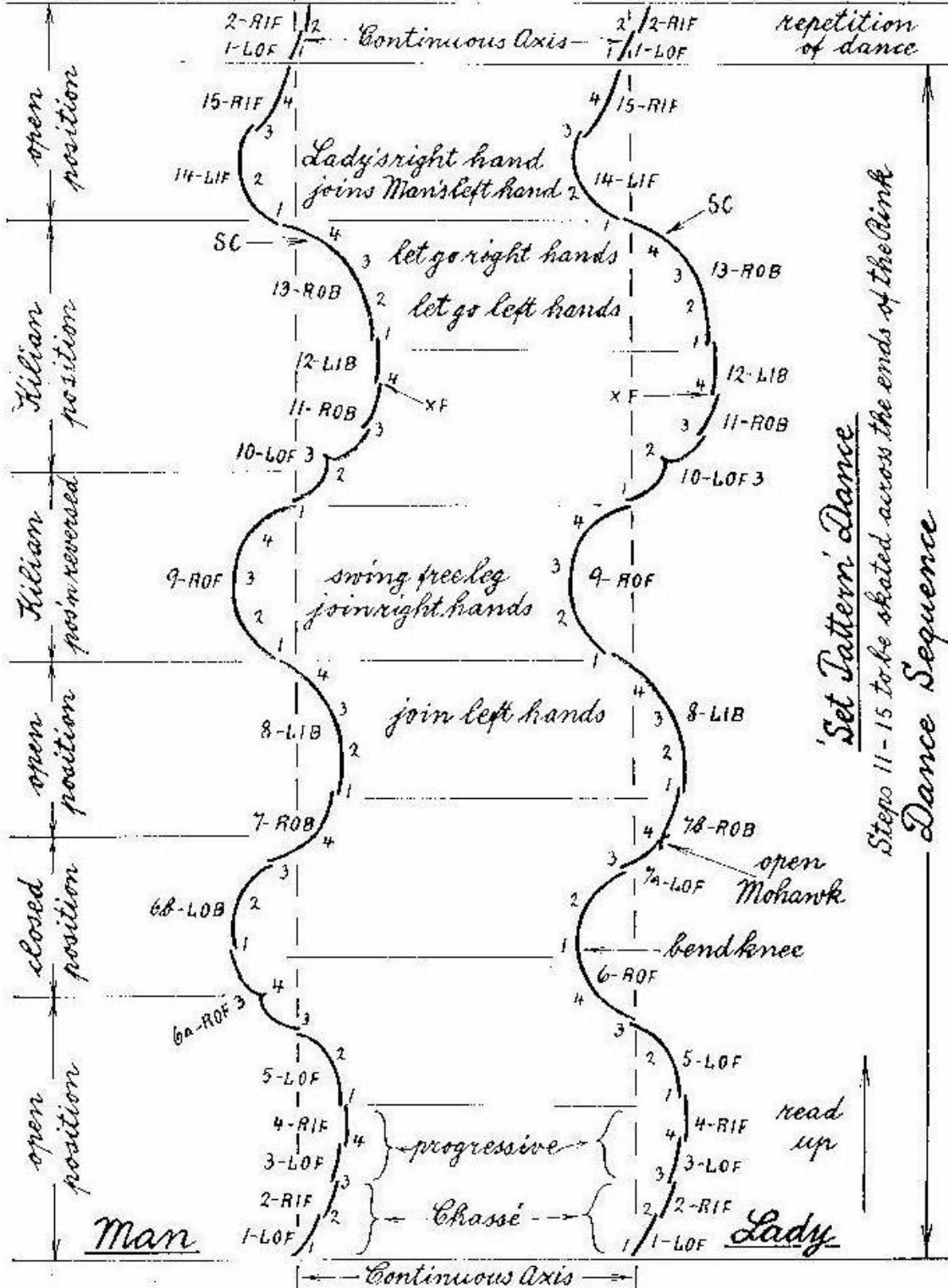


# Fascination Fox Trot

Music:

Fox Trot, metronome: 108

by George Muller

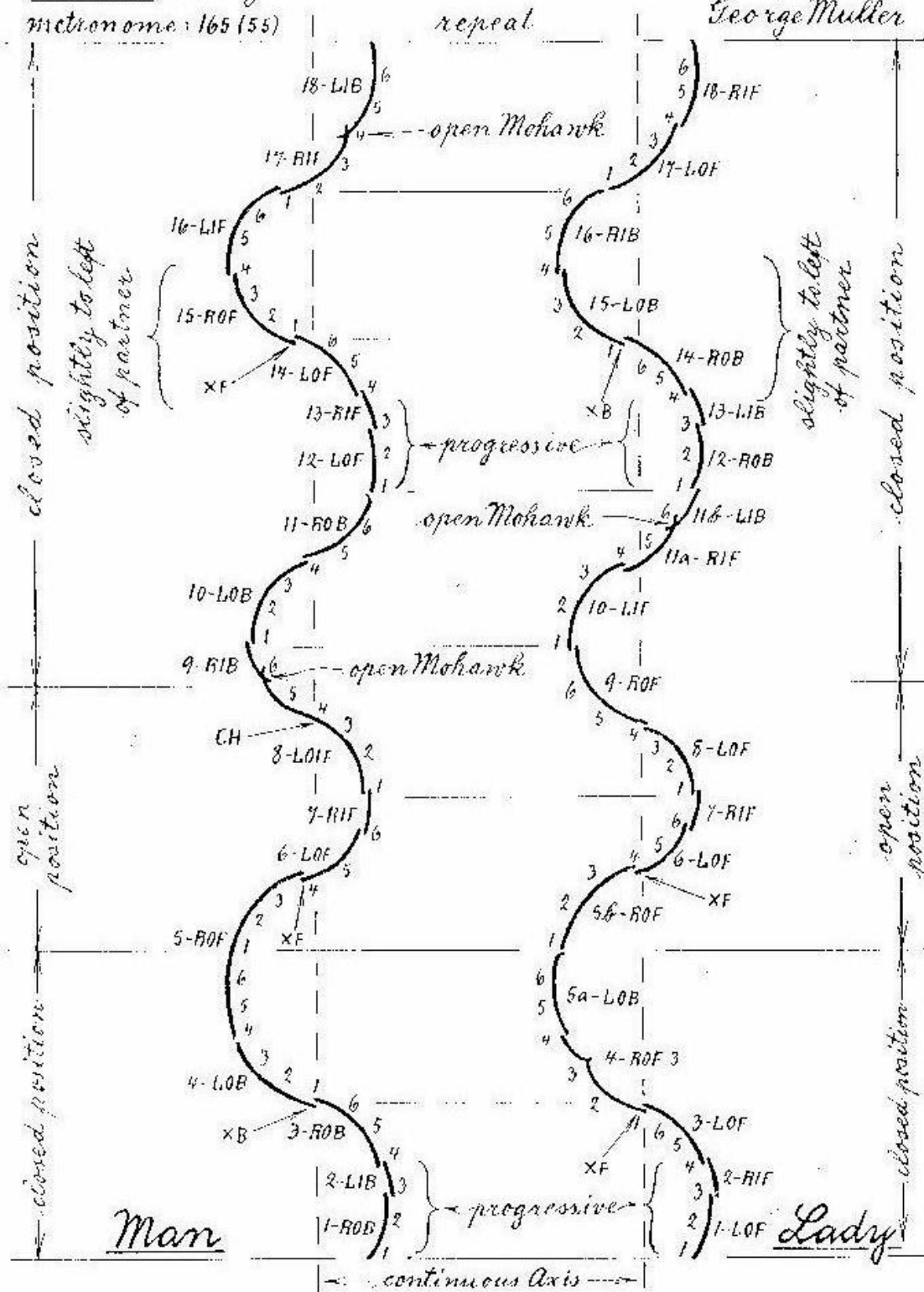




# FOX-WALTZ

Music: Waltz  
metronome: 165 (55)

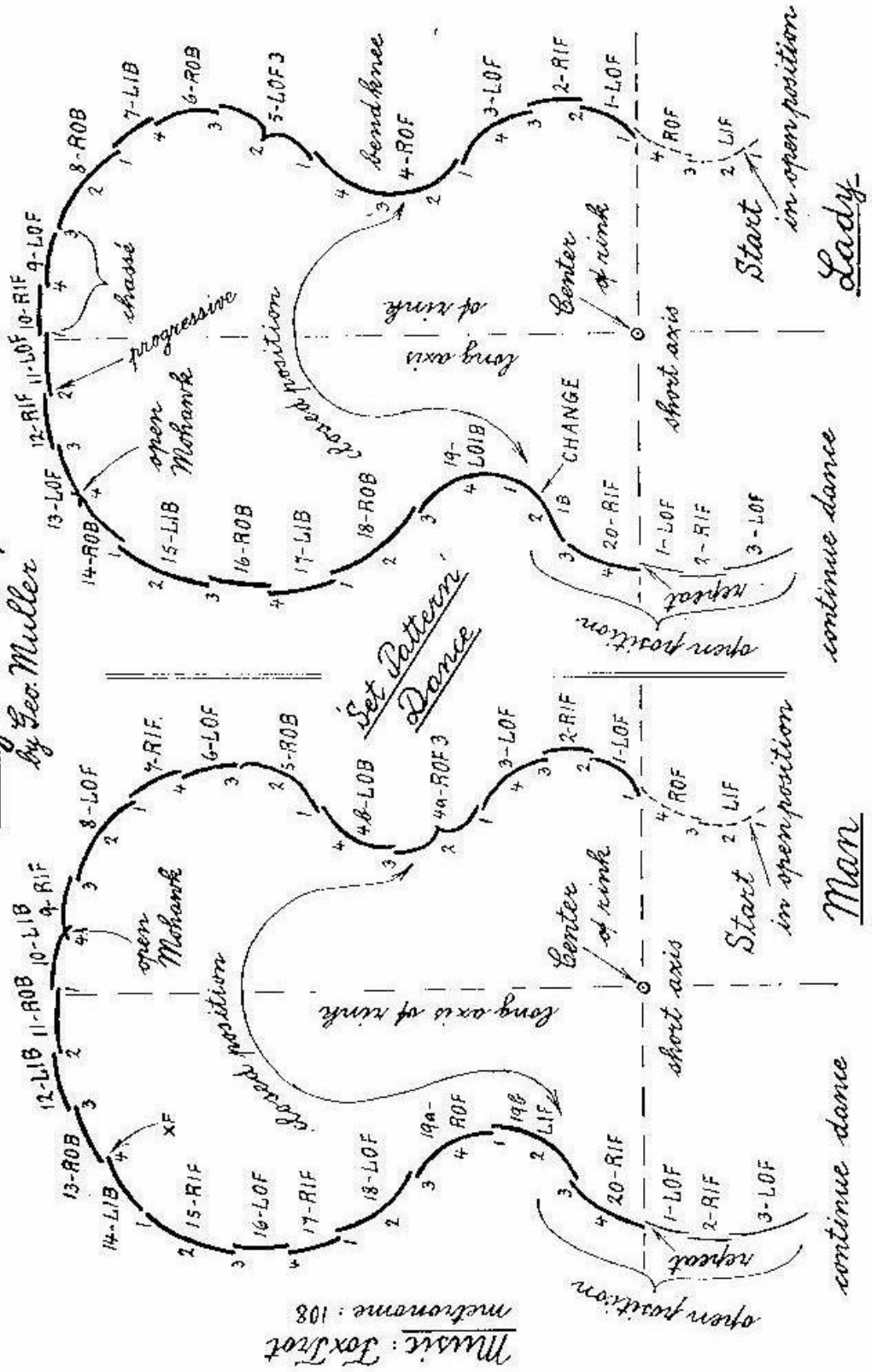
composed by  
George Muller



So named because it may be danced to either Fox-Trot or Waltz music. Lady's step number 8 LOF may be prolonged for two beats (4, 5) by executing a change edge without swing corresponding to the man's change and then using only a short step for 9-ROF of one beat (6). This then would be inside with man's 9 RIF.

By Geo. Muller

Music: Fox Trot  
metronome: 108

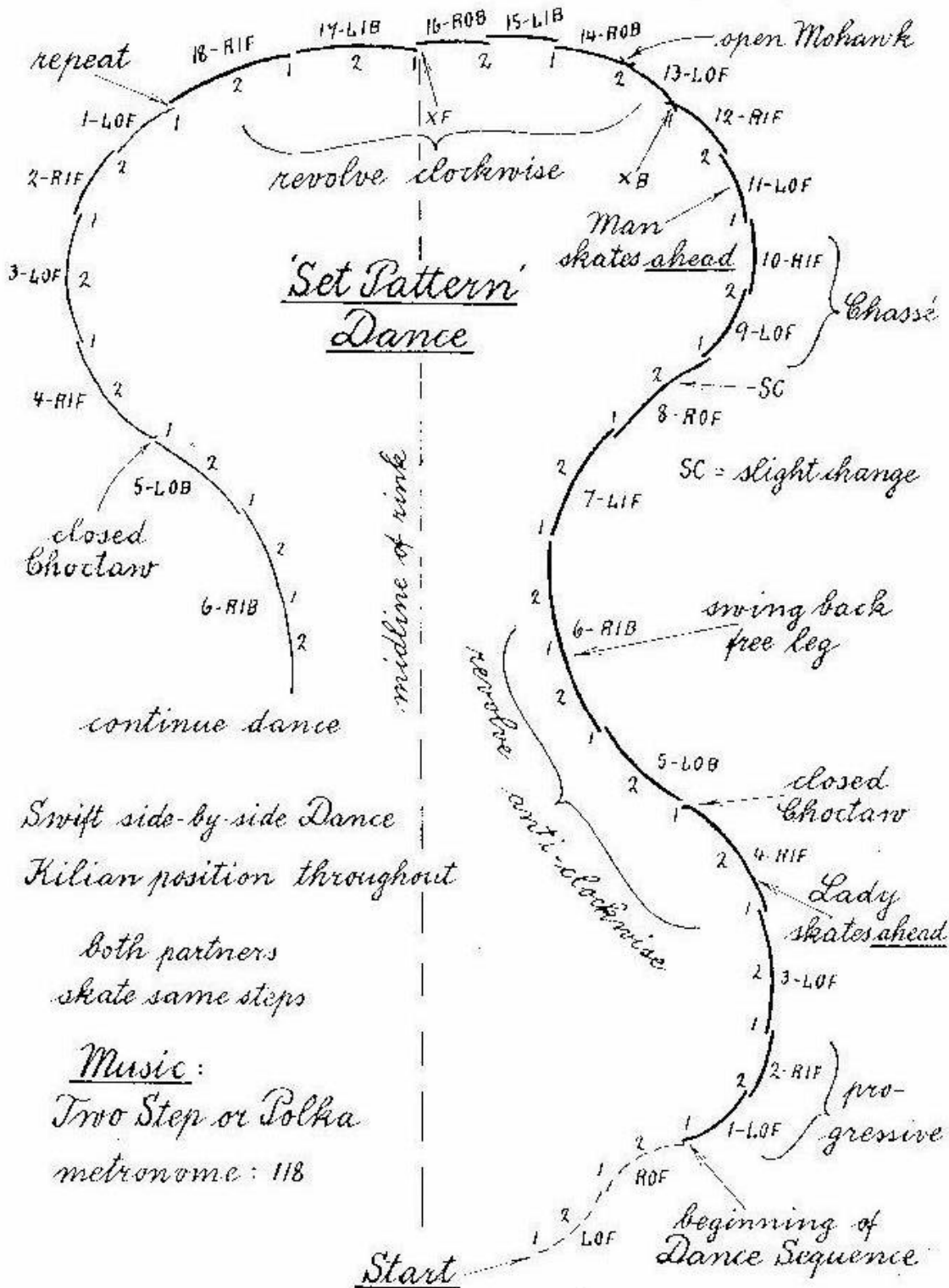


Steps 18 and 19 must curve well toward the Center Line of rink.



# French Two Step

by George Muller



Swift side-by-side Dance

Kilian position throughout

both partners  
skate same steps

Music:

Two Step or Polka

metronome: 118

The two opening steps (LOF, ROF) may be repeated at the end of each sequence as a part of the dance routine. This is optional and suggested for use on a large rink.

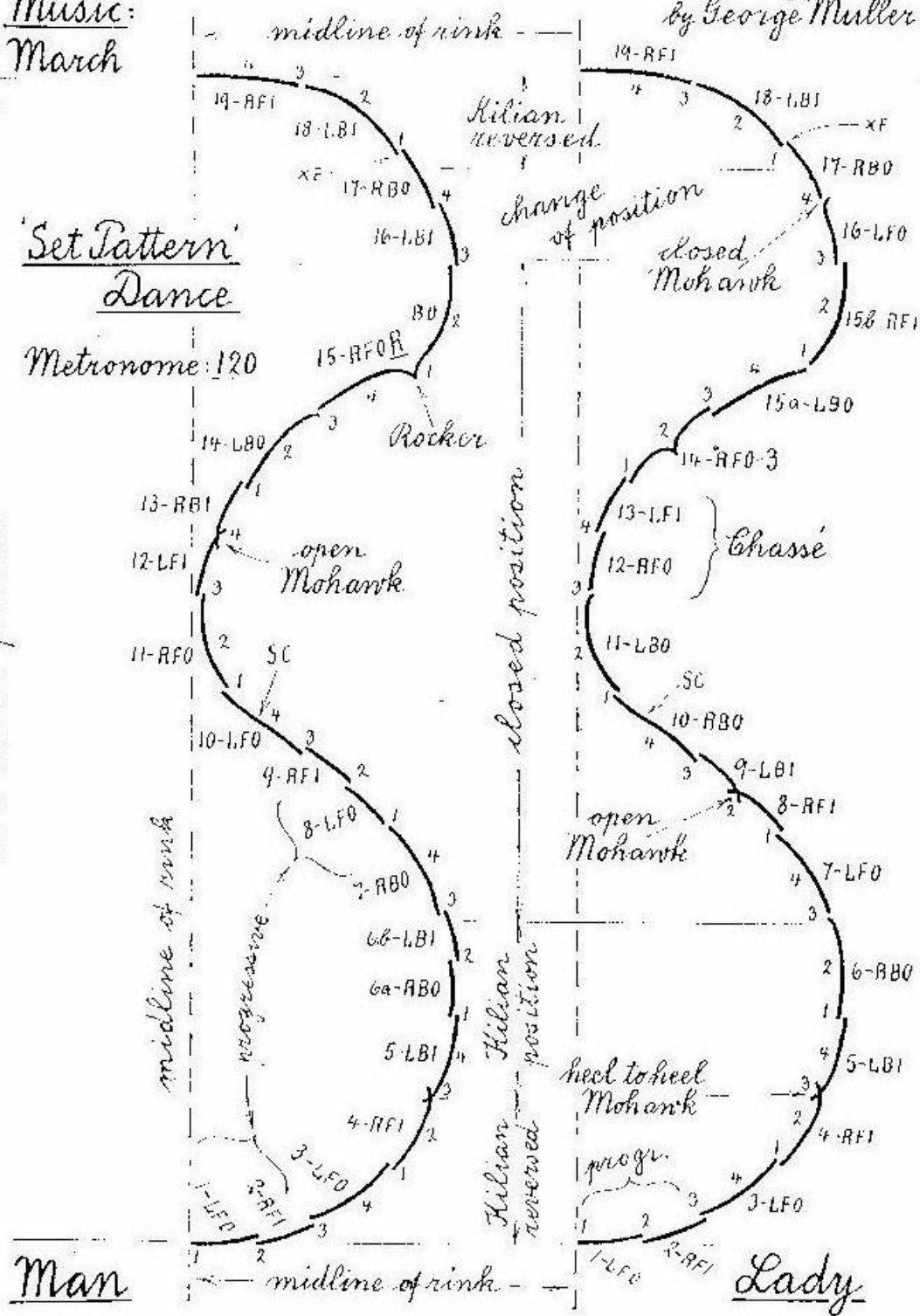
# International Dance

originated  
by George Muller

Music:  
March

'Set Pattern'  
Dance

Metronome: 120

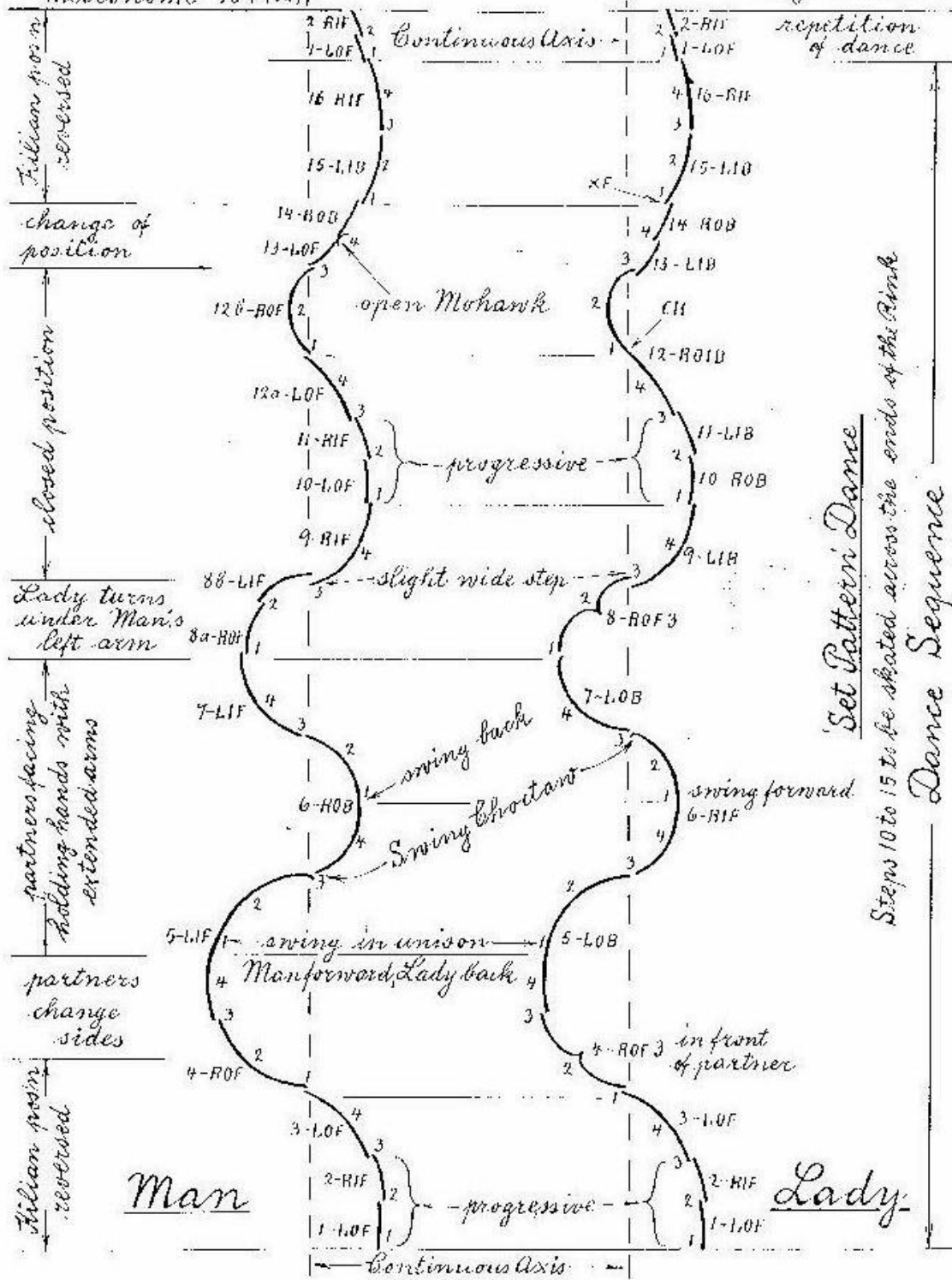


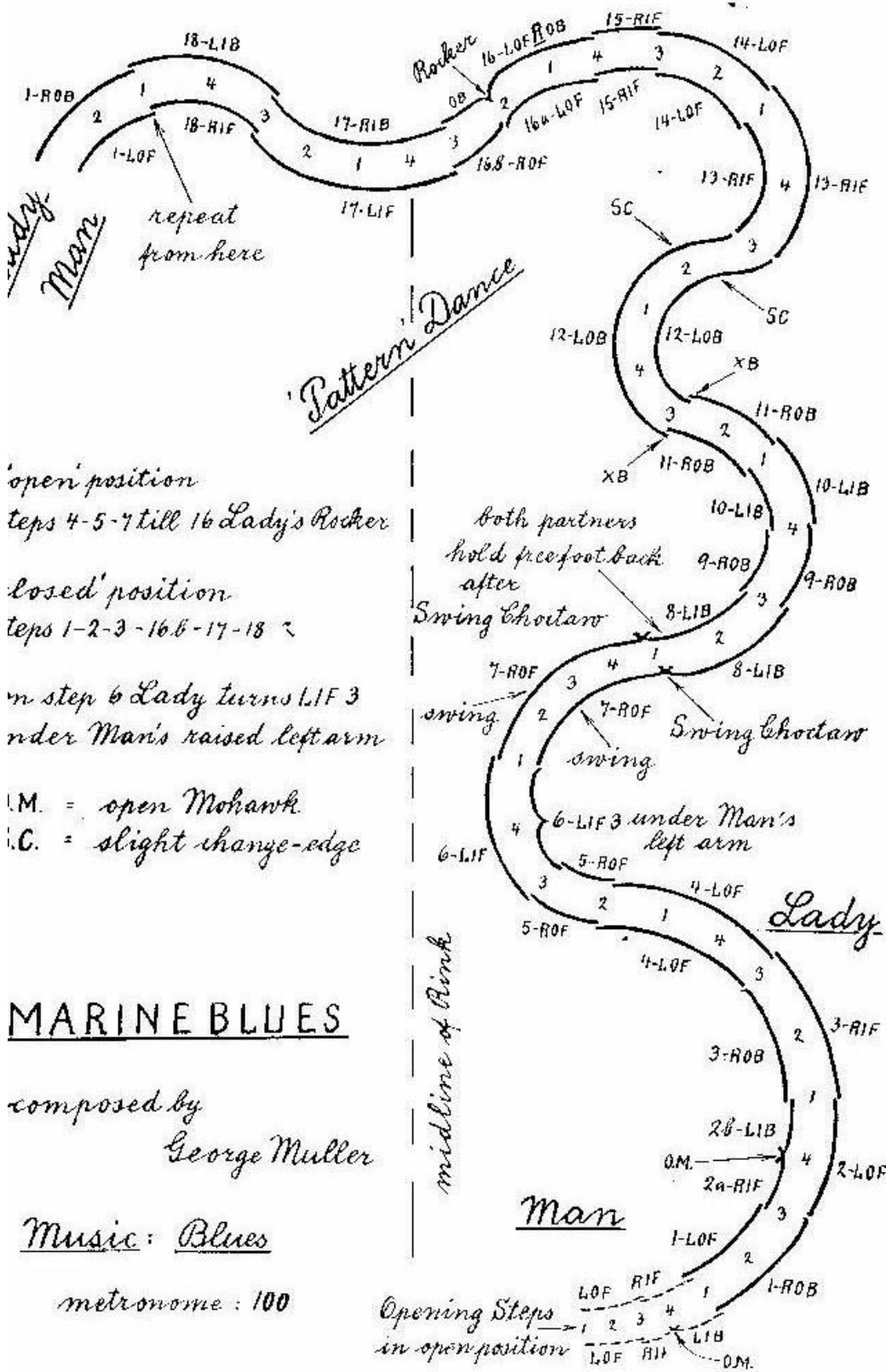
# THE MANZANITA

Music: Tango

composed by  
George Müller

metronome 104 (52),





'open' position  
 steps 4-5-7 till 16 Lady's Rocker

'losed' position  
 steps 1-2-3-16b-17-18

on step 6 Lady turns LIF 3  
 under Man's raised left arm

L.M. = open Mohawk  
 L.C. = slight change-edge

# MARINE BLUES

composed by  
 George Muller

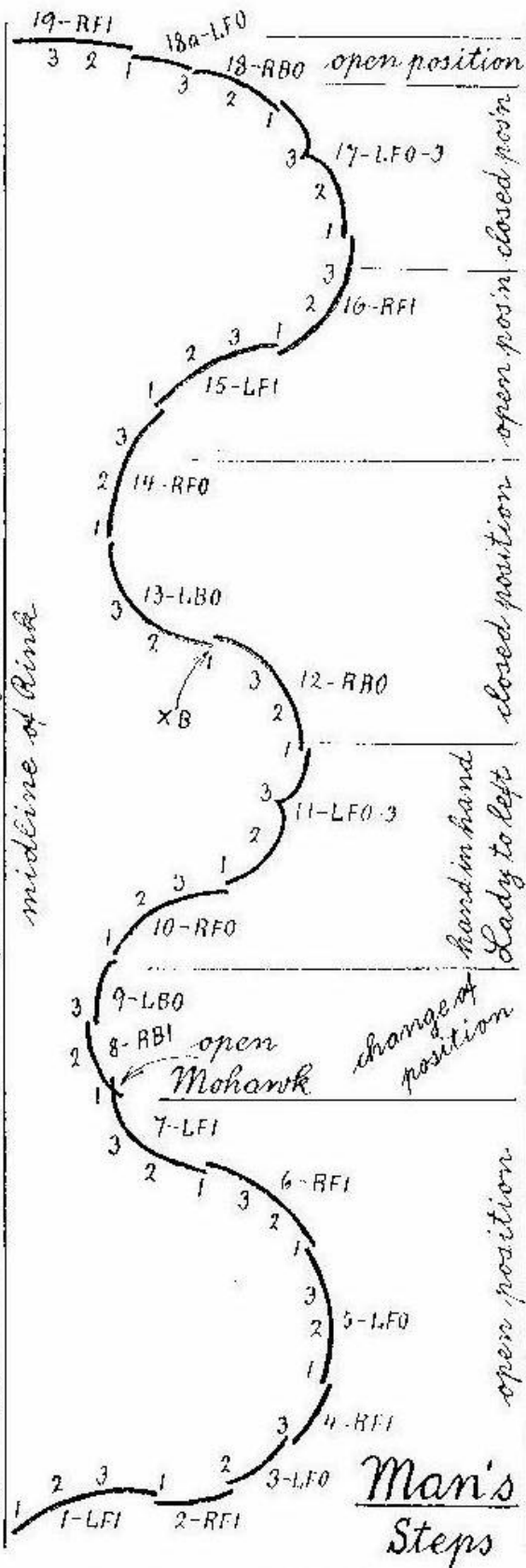
Music: Blues

metronome : 100

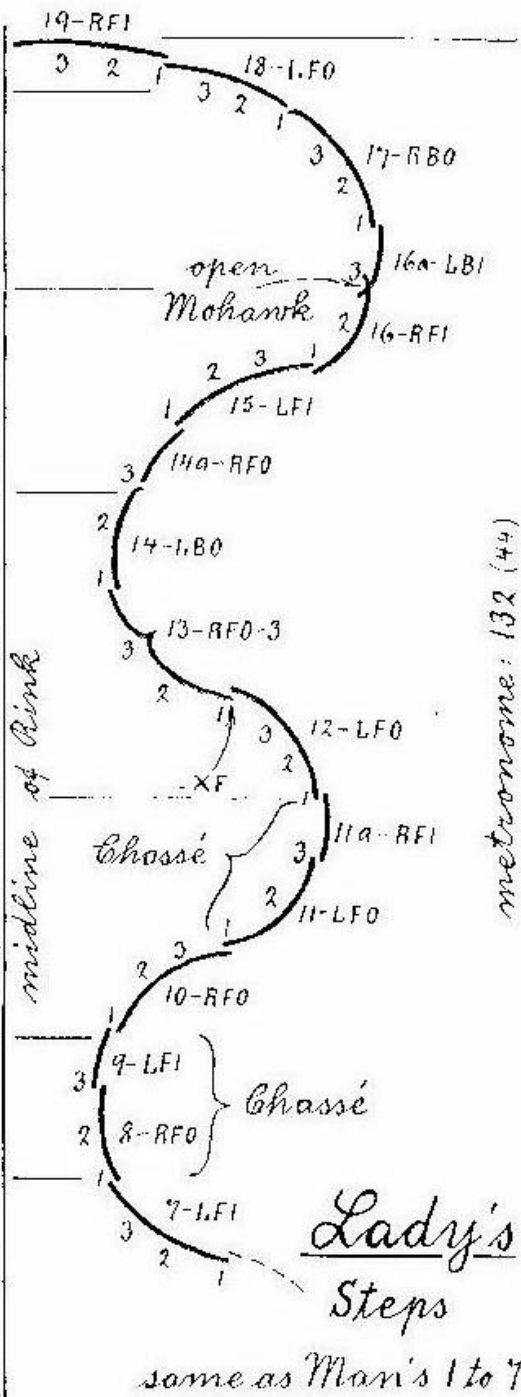
Opening Steps  
 in open position

midline of Aink

to be danced at moderate speed - starting with musical phrase advised



**Man's Steps**



**Lady's Steps**

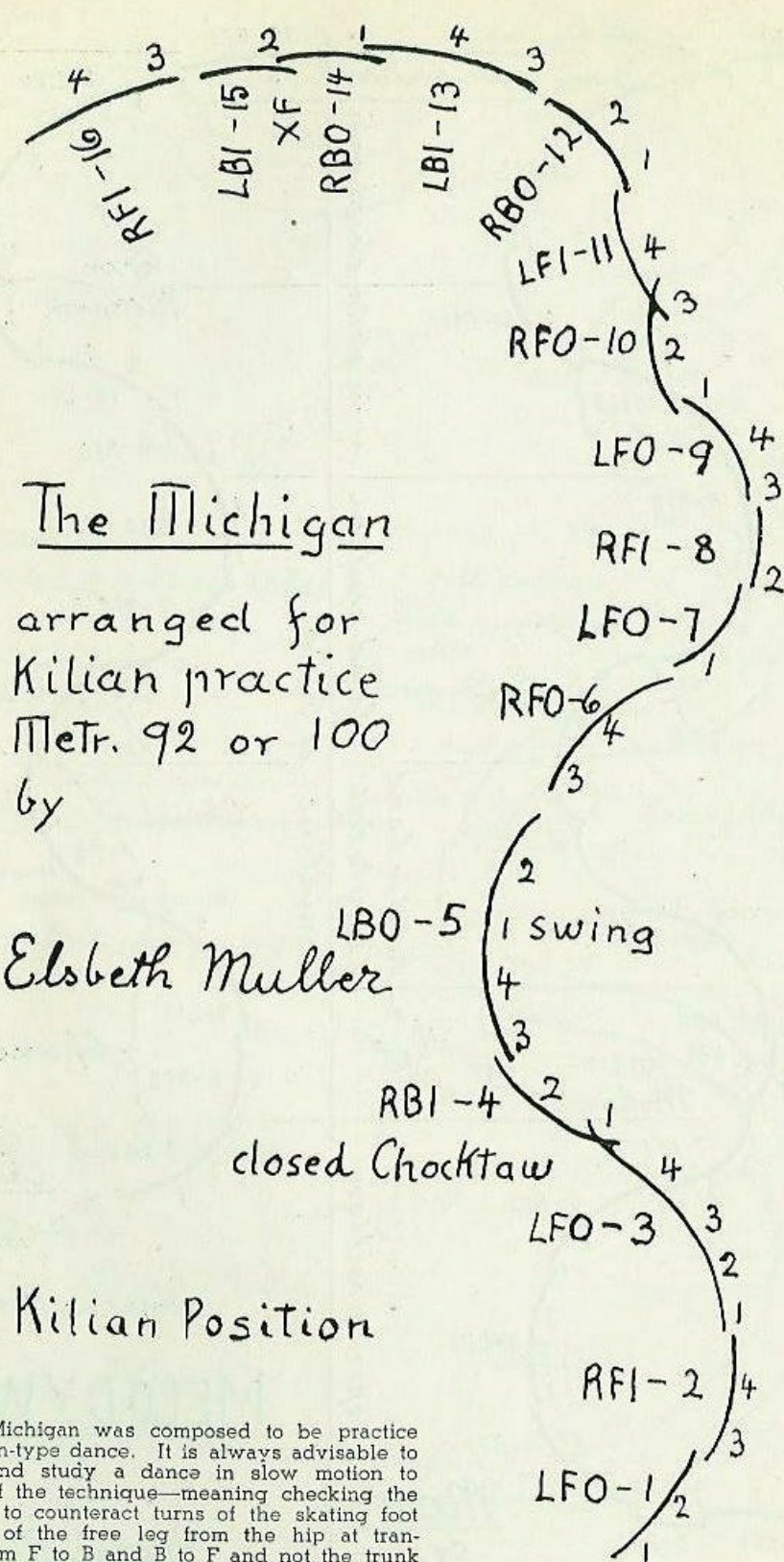
same as Man's 1 to 7

**MELODY WALTZ**

by  
**George Muller**

metronome: 132 (44)

This dance is composed for the melody of "Vienna Dreams" (Skatin' Toons, 78 rpm., recording No. 1664). The character of the music requires only light stroking throughout to hold down speed.



The Michigan  
 arranged for  
 Kilian practice  
 Metr. 92 or 100  
 by

Elsbeth Muller

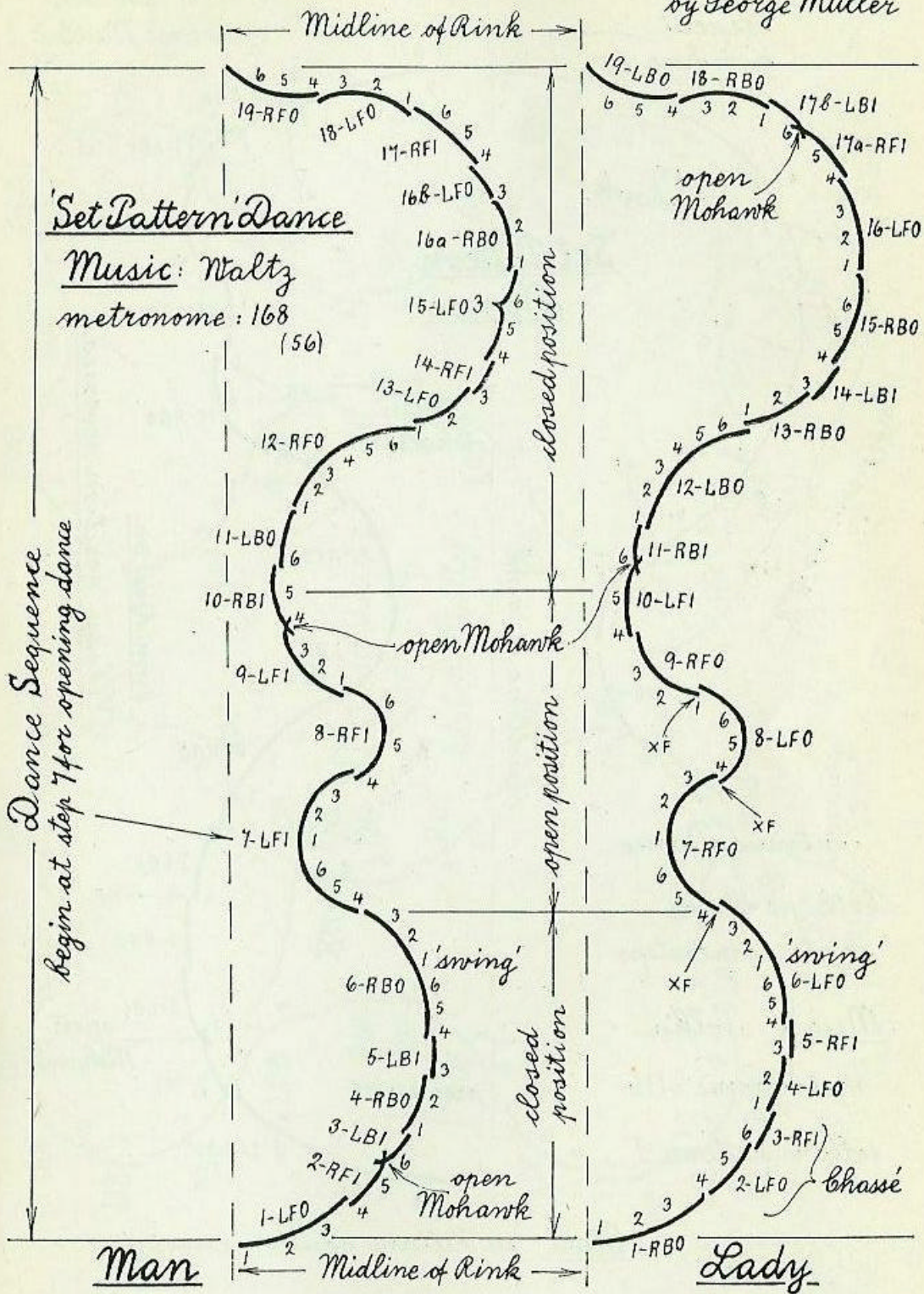
RBI-4  
 closed Chocktaw

Kilian Position

The Michigan was composed to be practice for a Kilian-type dance. It is always advisable to practice and study a dance in slow motion to be sure of the technique—meaning checking the shoulders to counteract turns of the skating foot—turning of the free leg from the hip at transitions from F to B and B to F and not the trunk of the body (pelvis) which is a very common fault. Two lobes with a choctaw have been added to this dance to make it more interesting and enjoyable.

# Minerva Ice Dance

by George Muller



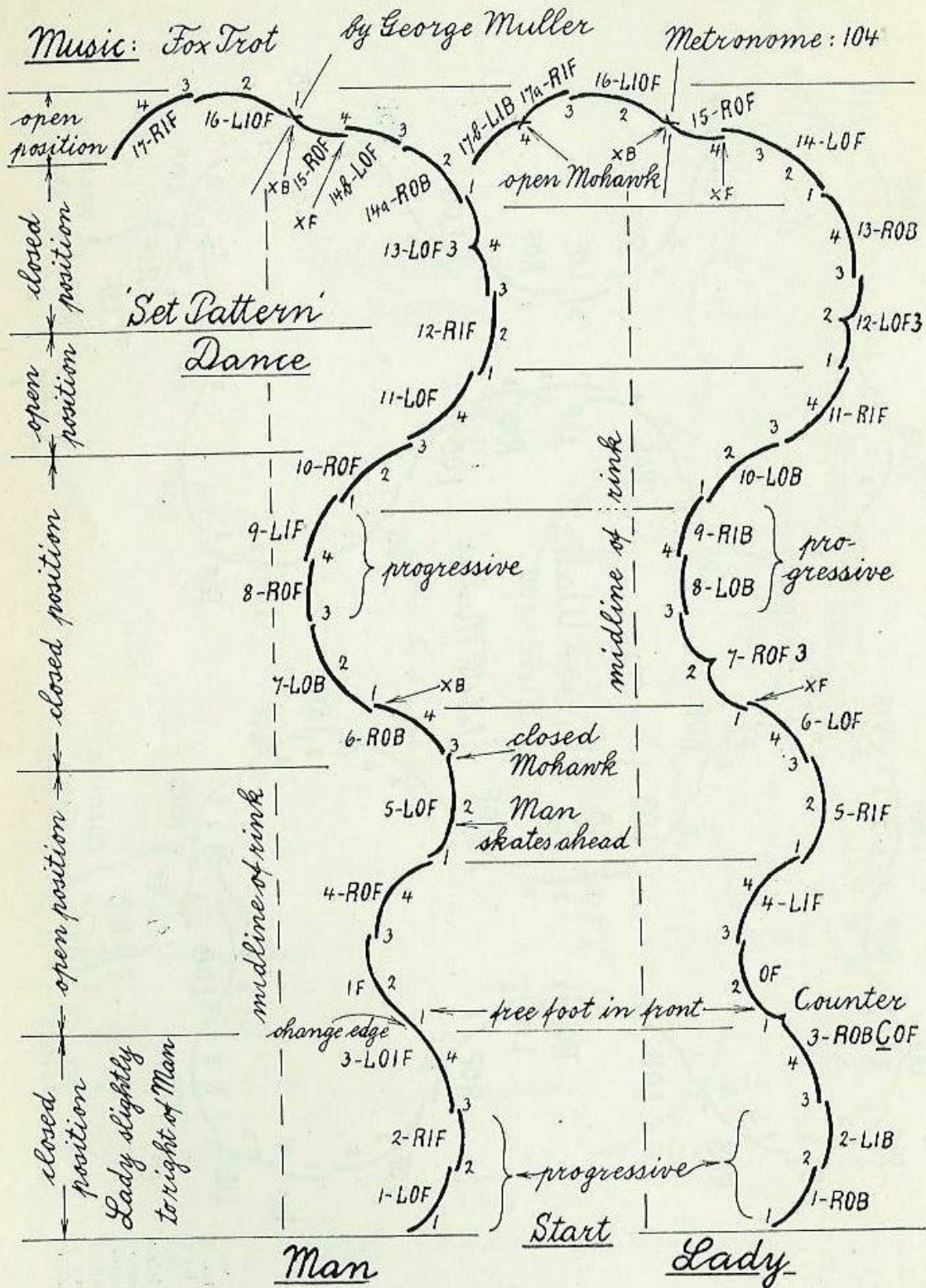
The man's step number 15—LFO-3—may be replaced by a quick open mohawk (RFI-LBI) at the beginning of step number 15 thereby riding all three counts (4, 5, 6) on LBI as an optional movement. The lady's steps remain as in drawing.







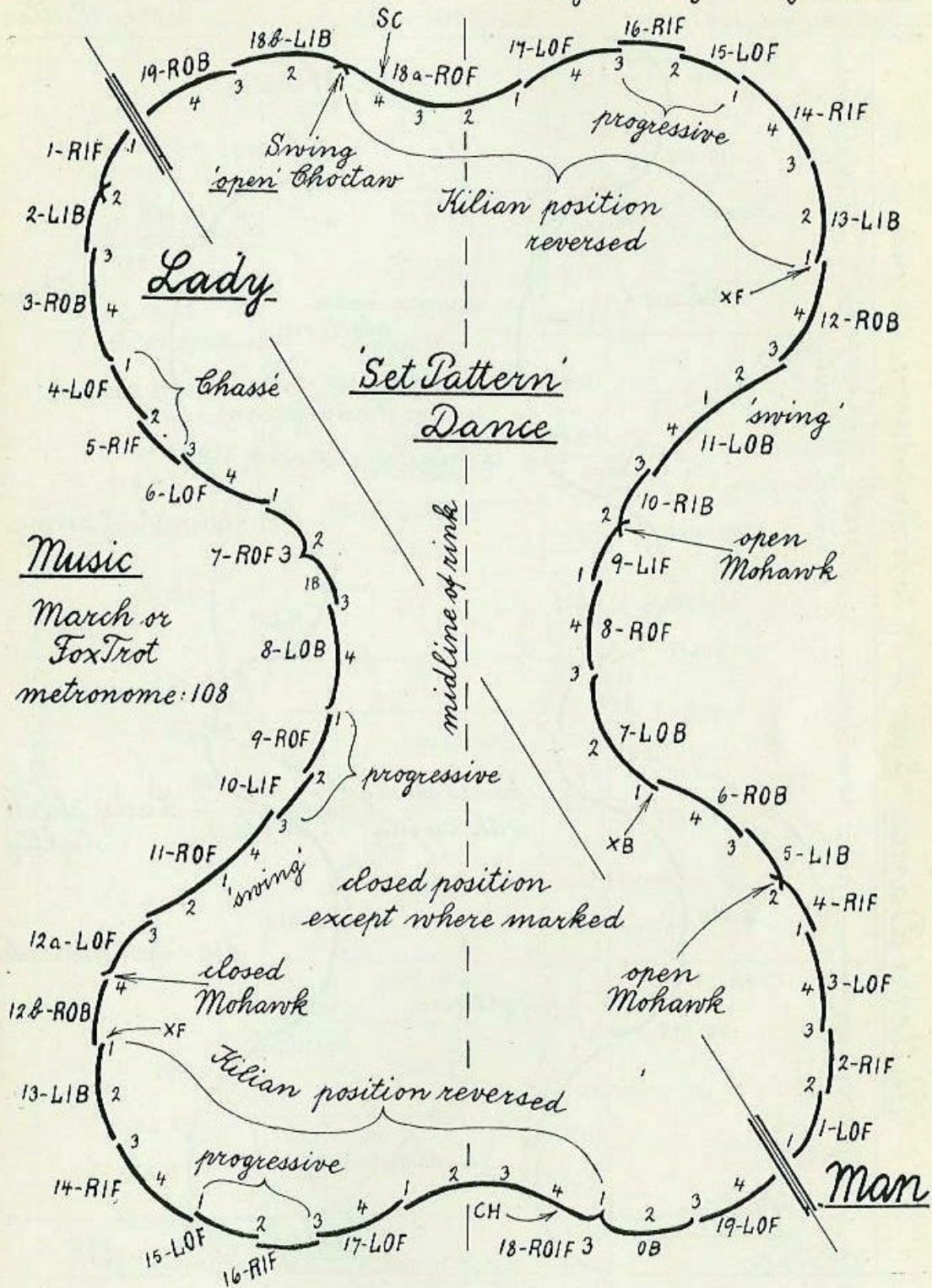
# PACIFICA FOXTROT



Lady's counter (step 3) may be executed on BOTH feet. The two skates resting closely together on the surface momentarily.

# THE PARKLANDER

originated by George Muller



Man's steps 1 and 2 are chassé.

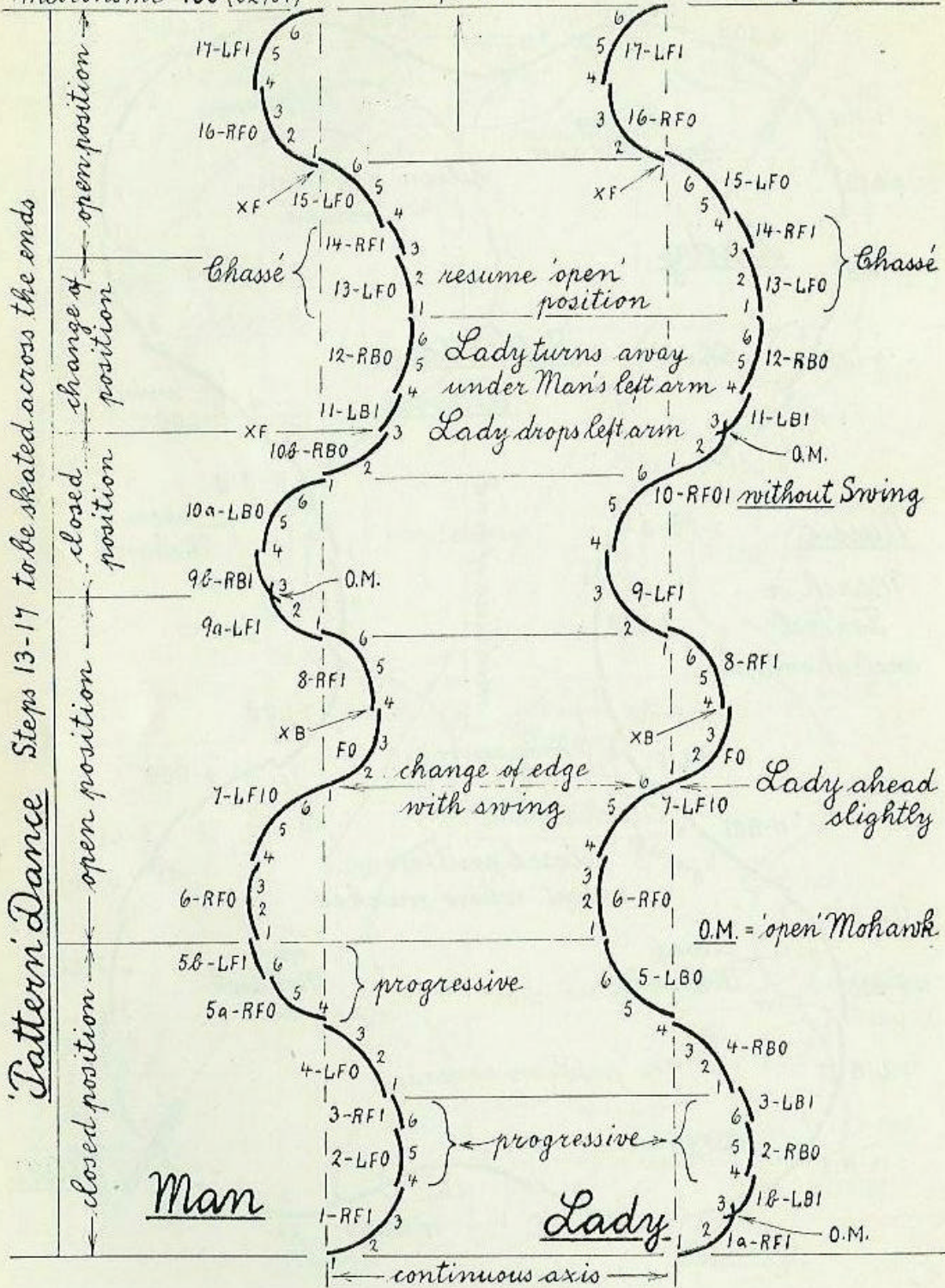
# PASTIME WALTZ

Music: Waltz

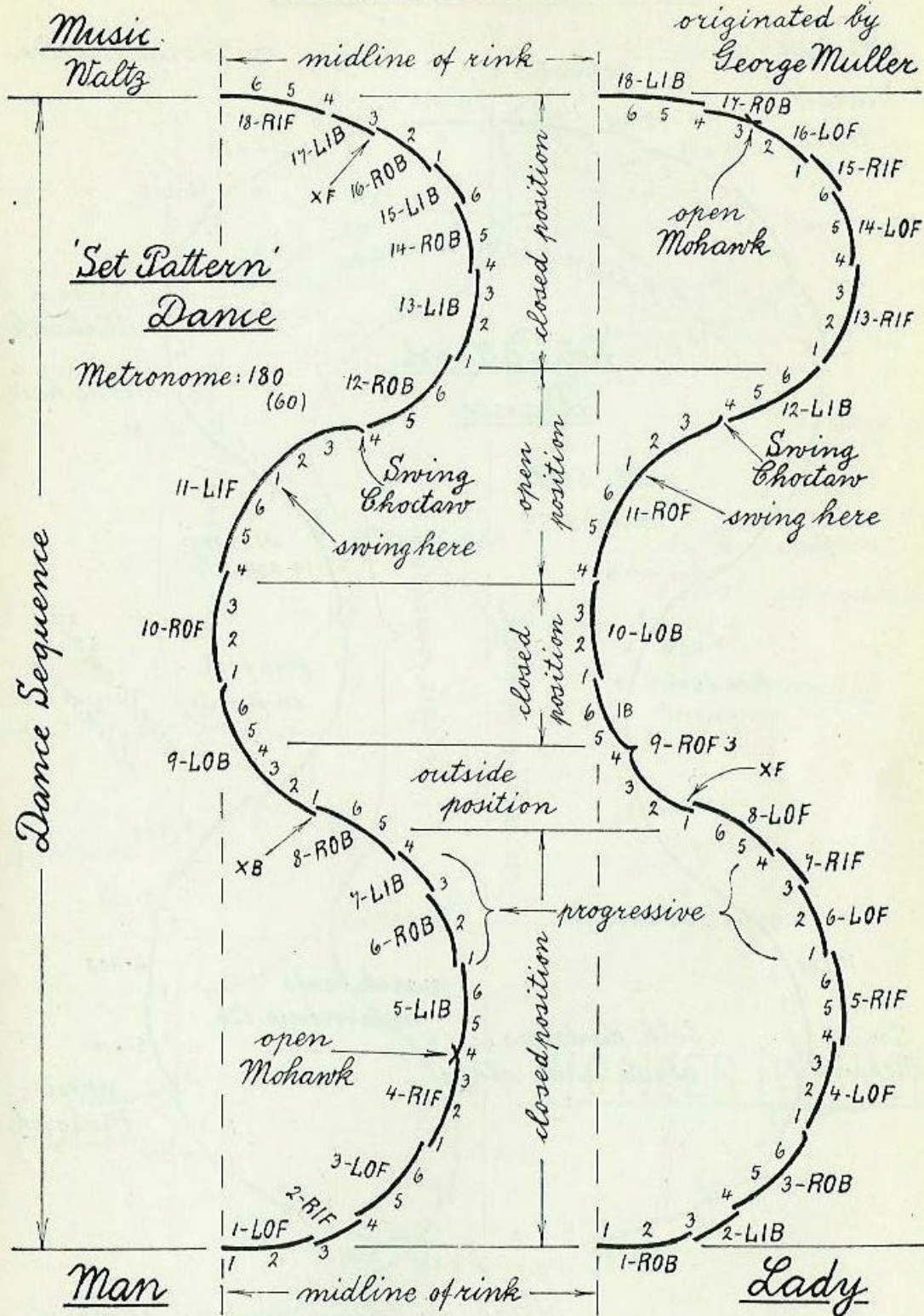
metronome 160 (52/54)

repeat

originated by  
George Muller



# The Patinetta

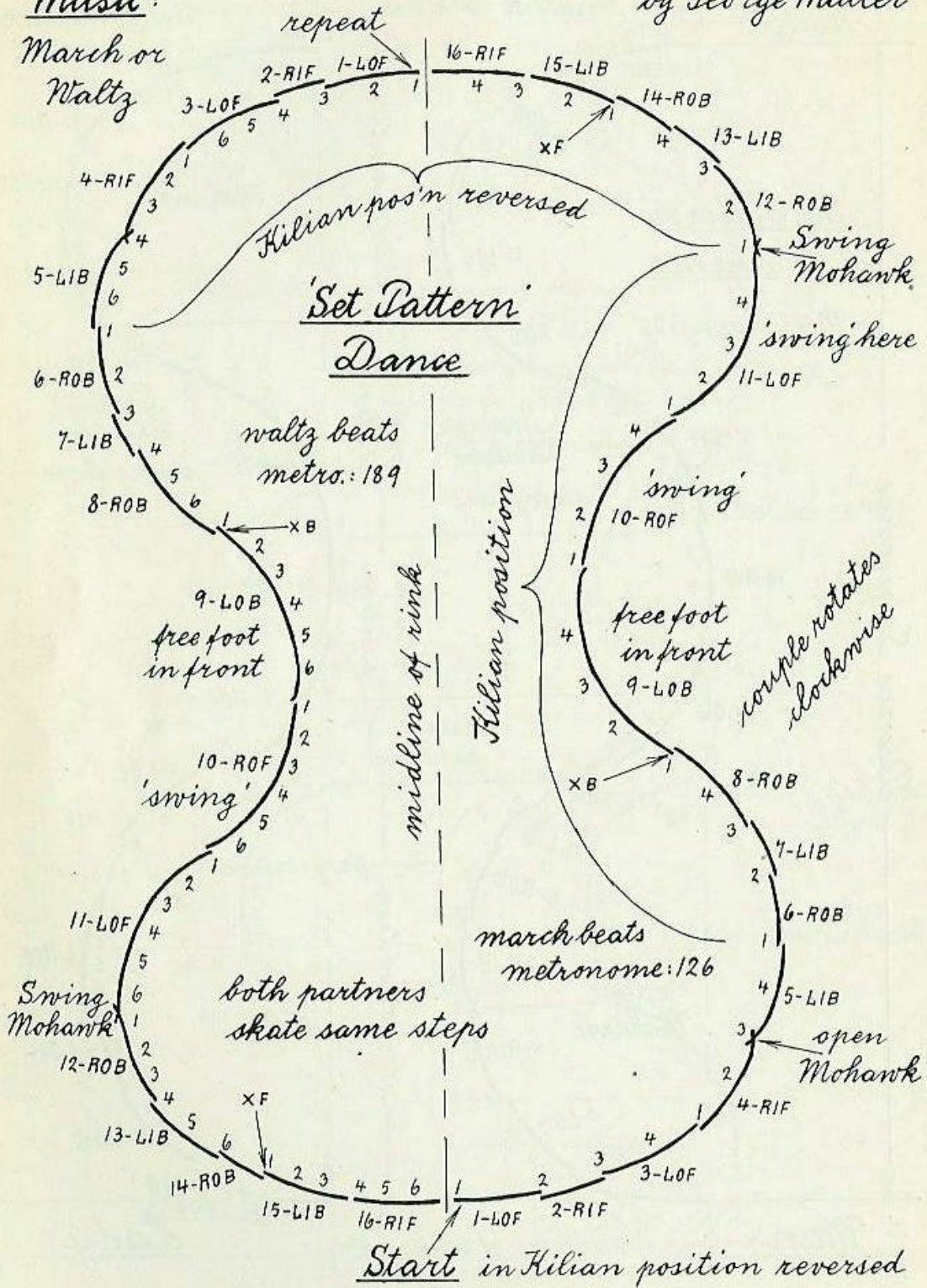


The swing choctaw (steps 11 and 12) may be skated with arms extended forward and back instead of in the usual open position.

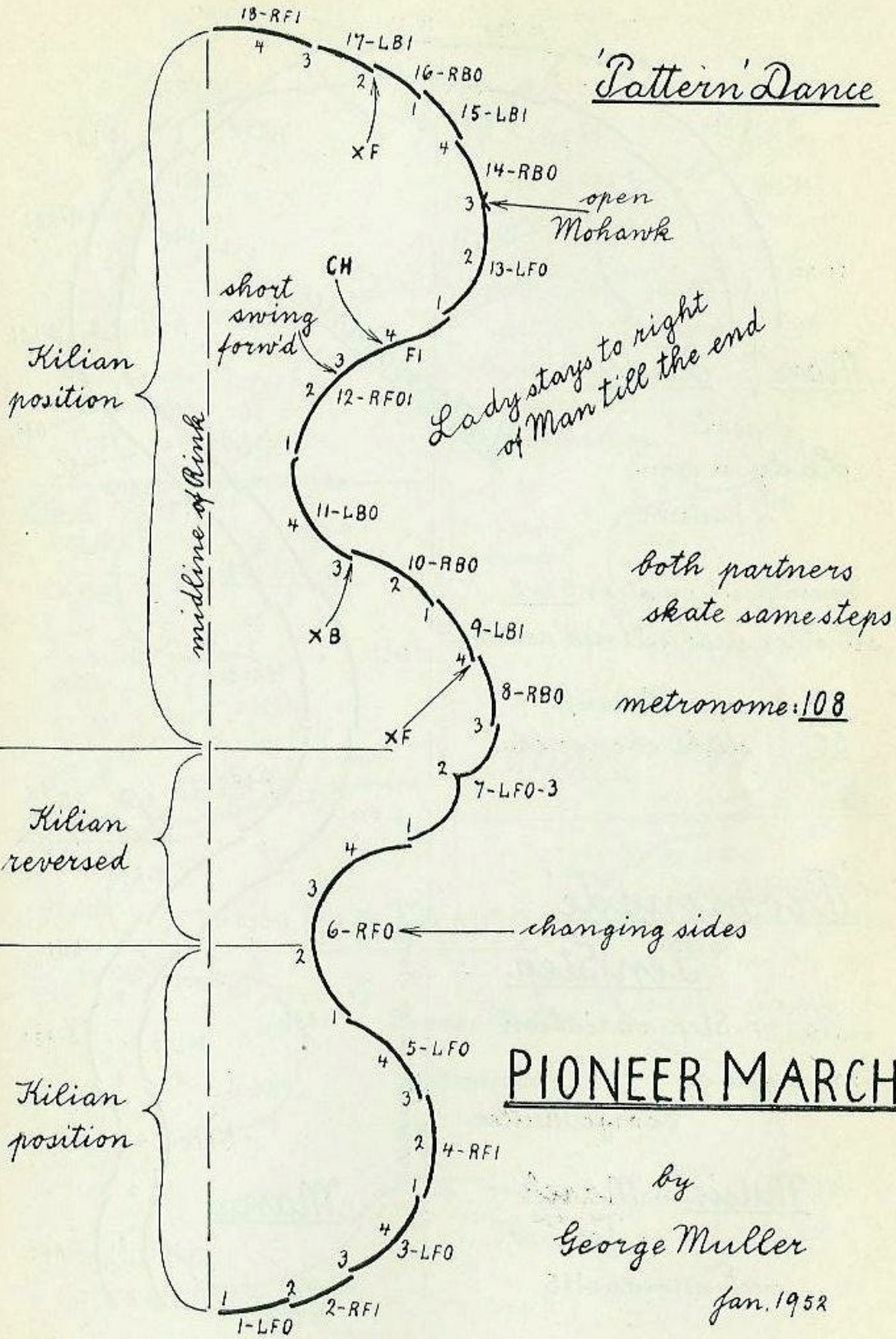
# Philadelphia Dance

Music:  
March or  
Waltz

By George Muller



'Pattern' Dance



PIONEER MARCH

by  
George Muller  
Jan. 1952

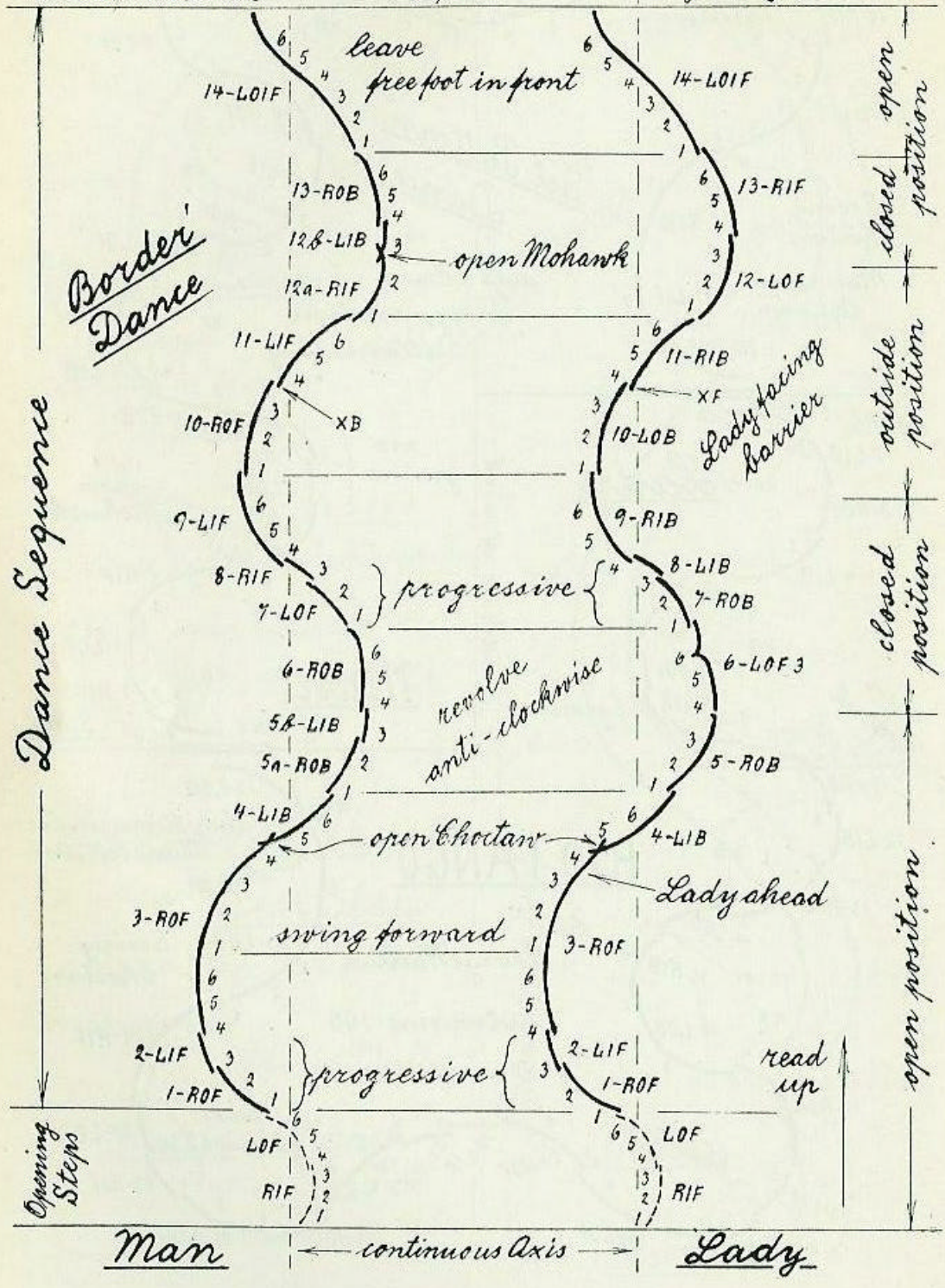






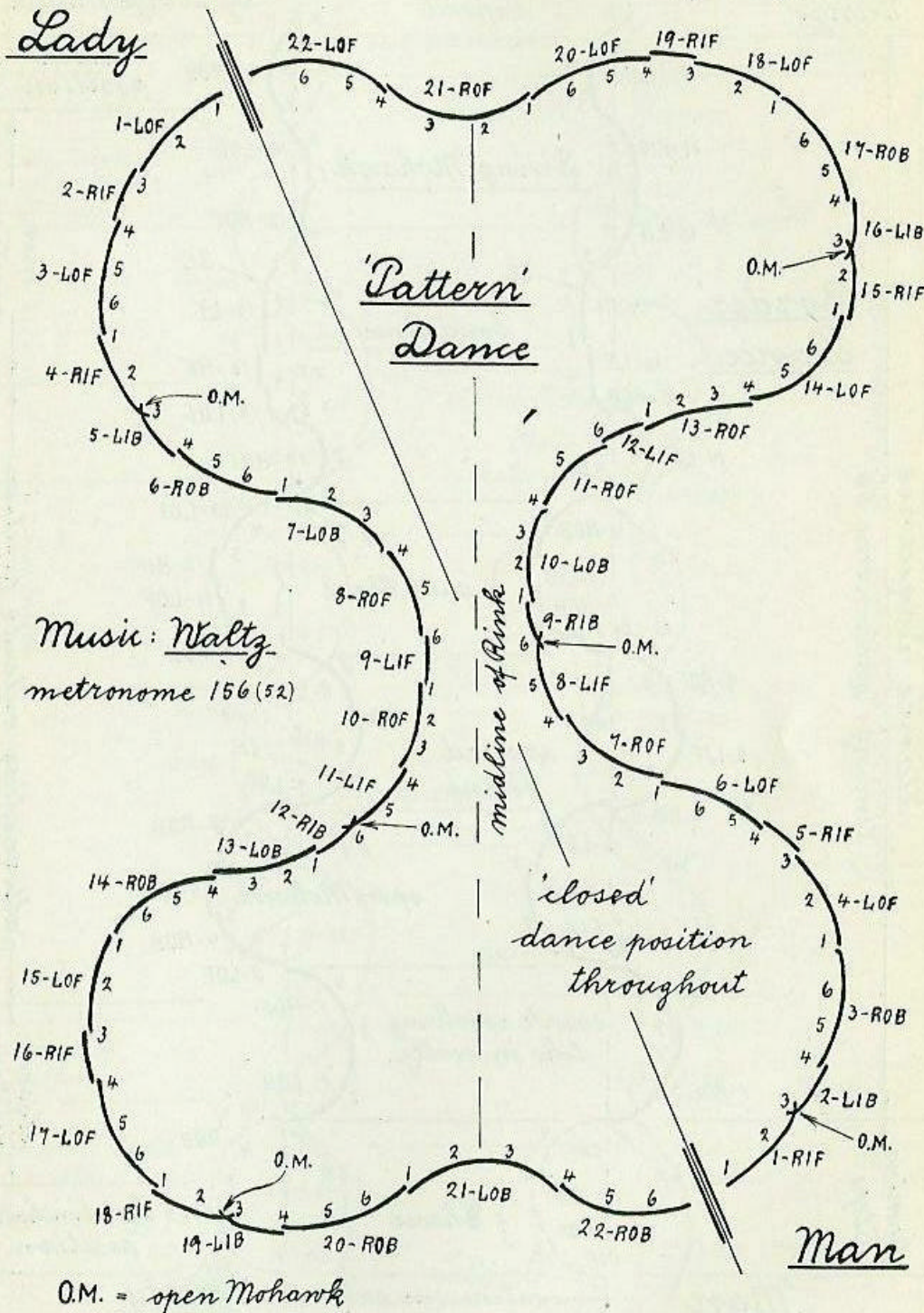
# Serenade Waltz

Metronome: 156                      repeat                      by George Muller

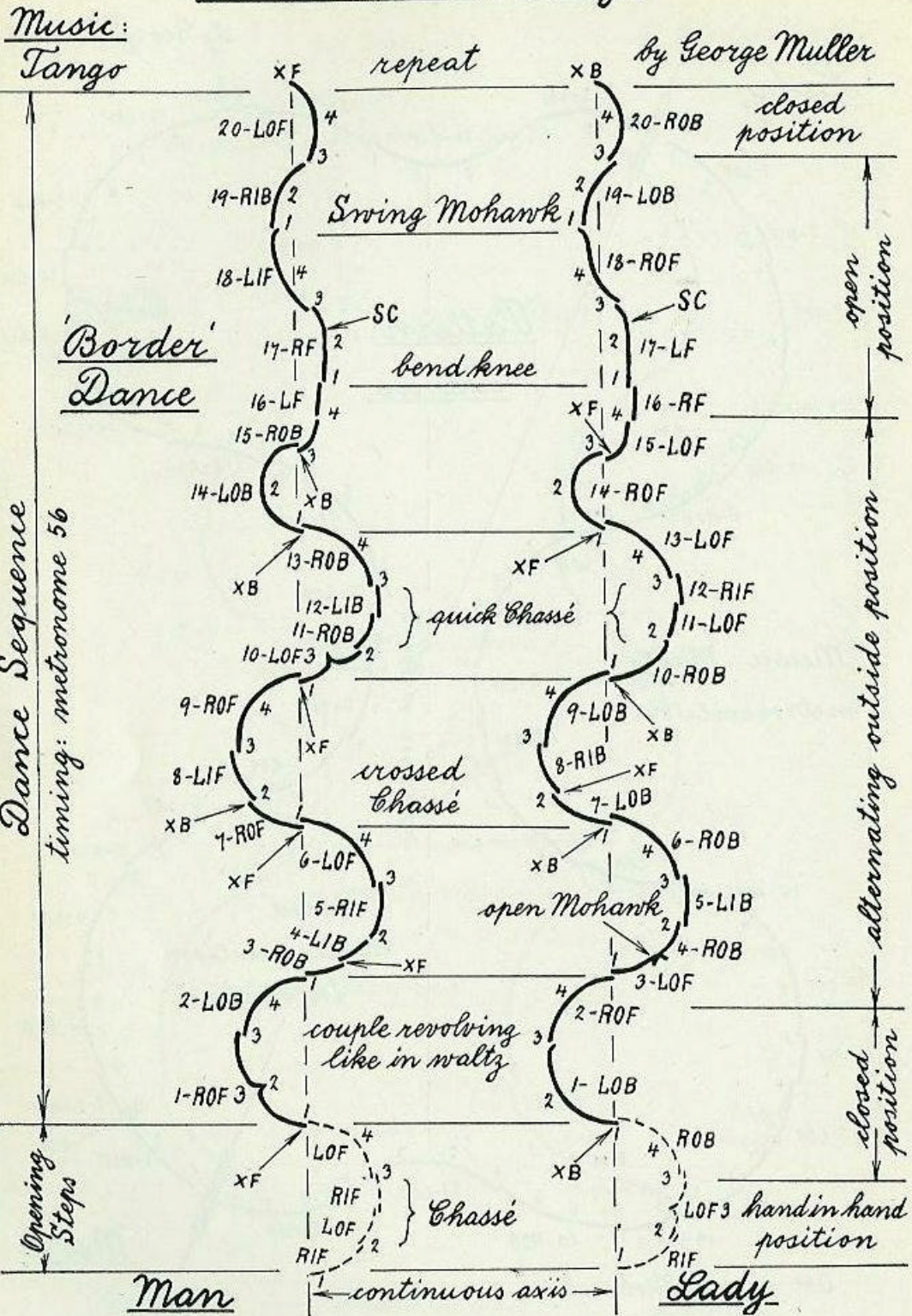


# Six-Step Waltz

By George Muller



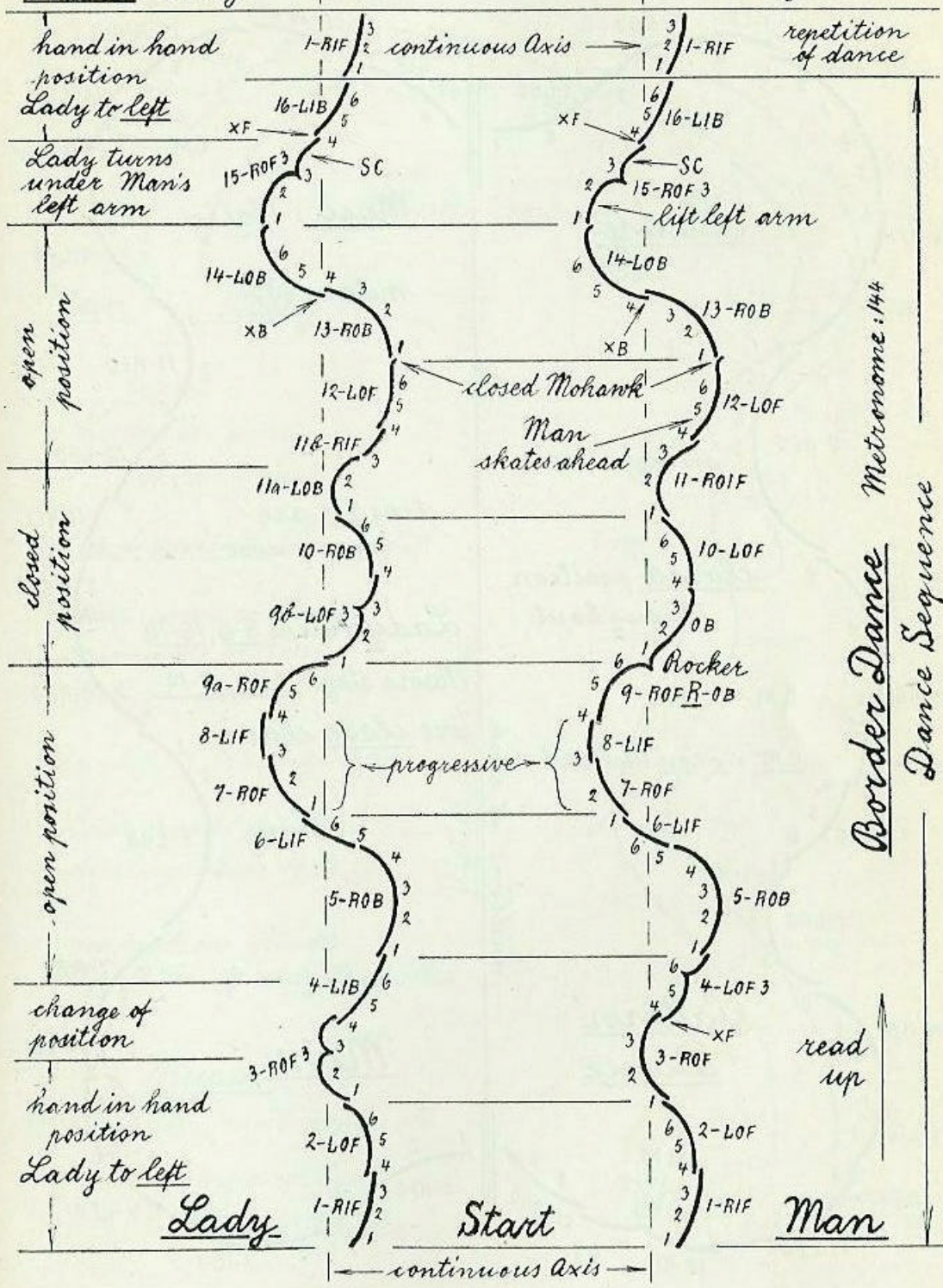
# South American Tango



# Springtime Waltz

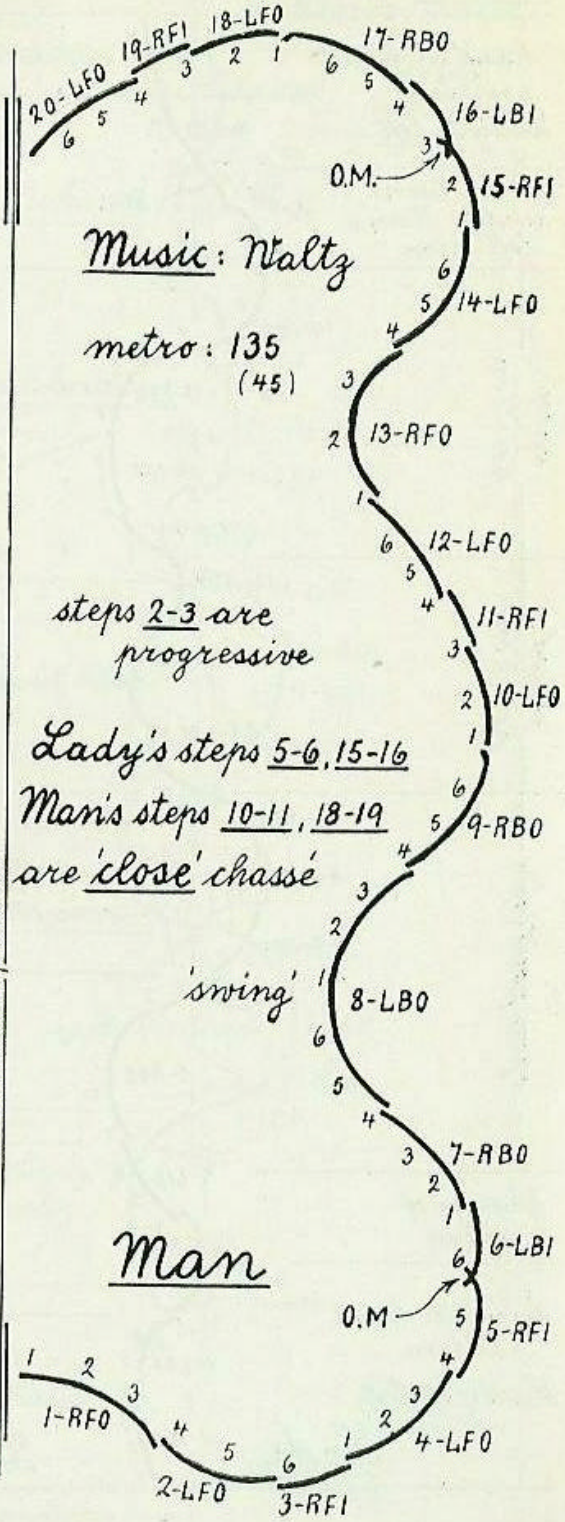
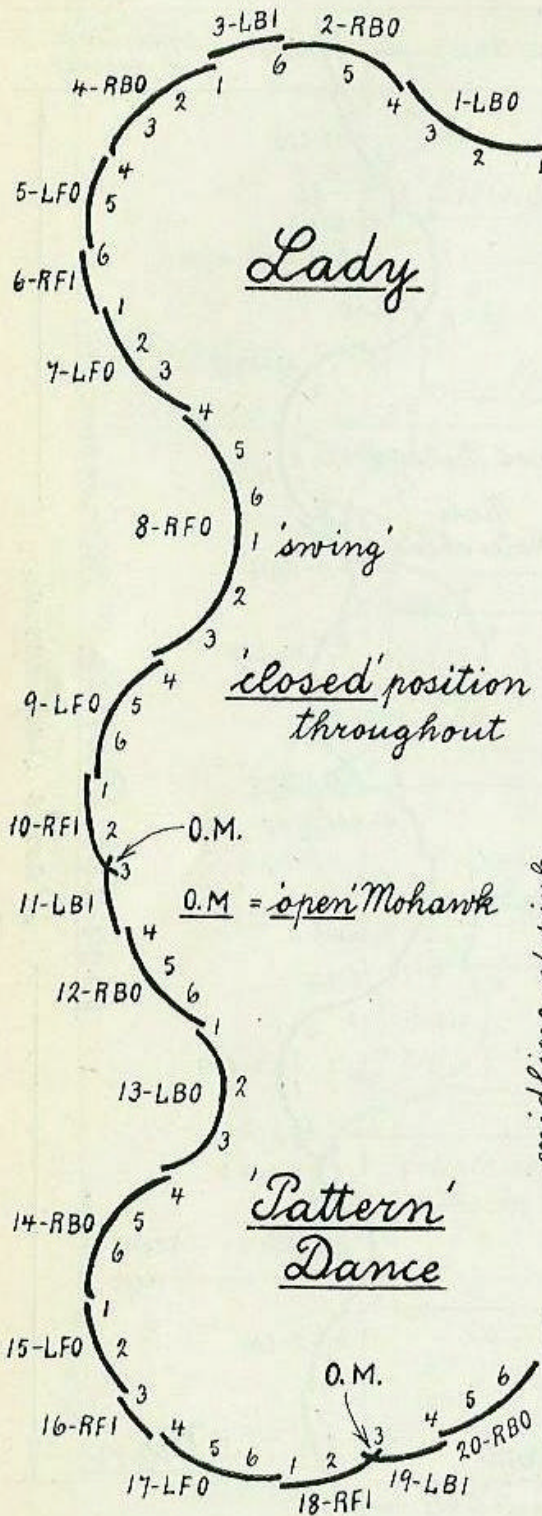
composed by  
George Muller

Music: Waltz



# STAR WALTZ

By George Muller



Music: Waltz

metro: 135  
(45)

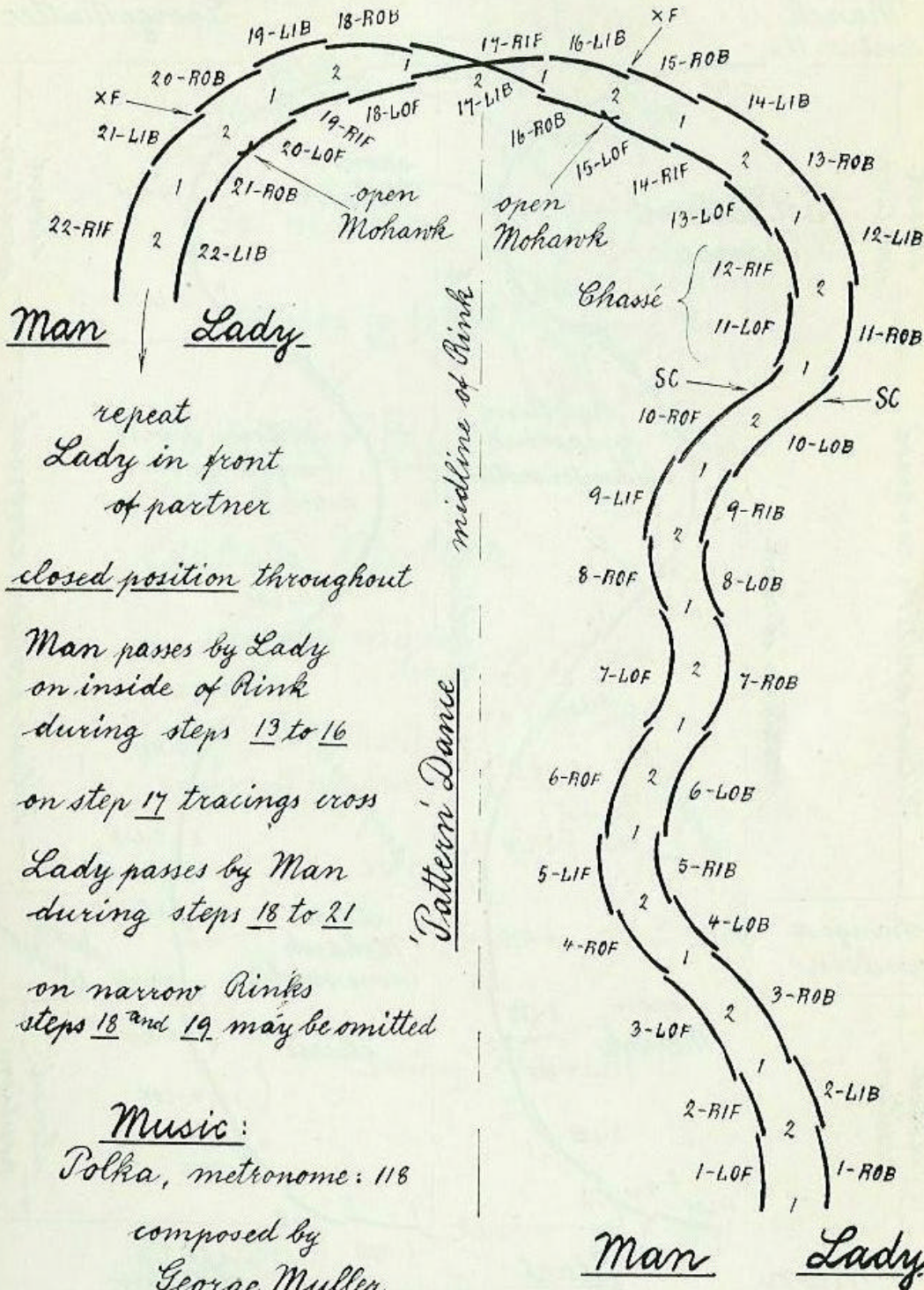
steps 2-3 are progressive

Lady's steps 5-6, 15-16

Man's steps 10-11, 18-19 are 'close' chassé

midline of rink

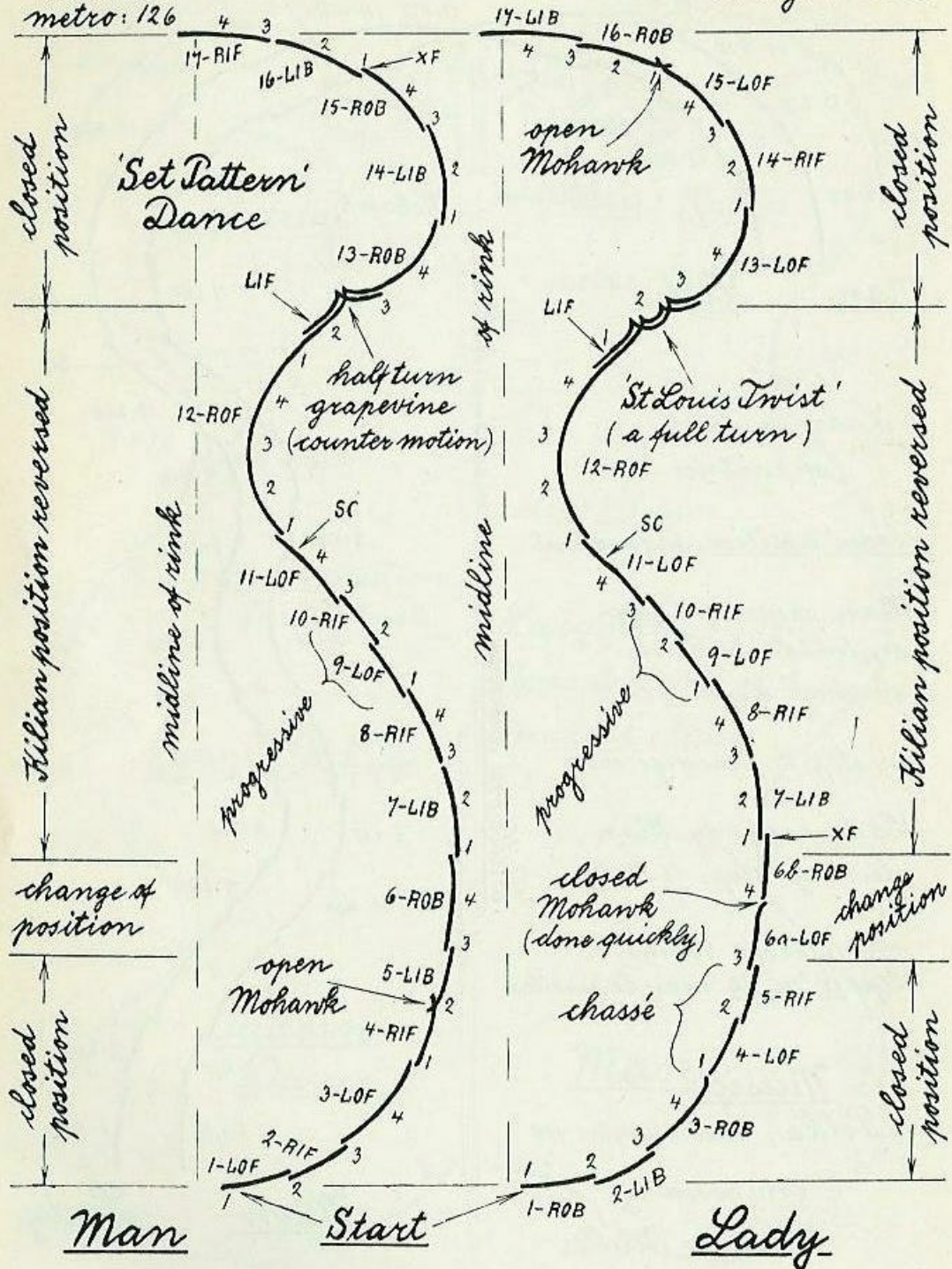
# STARLET POLKA



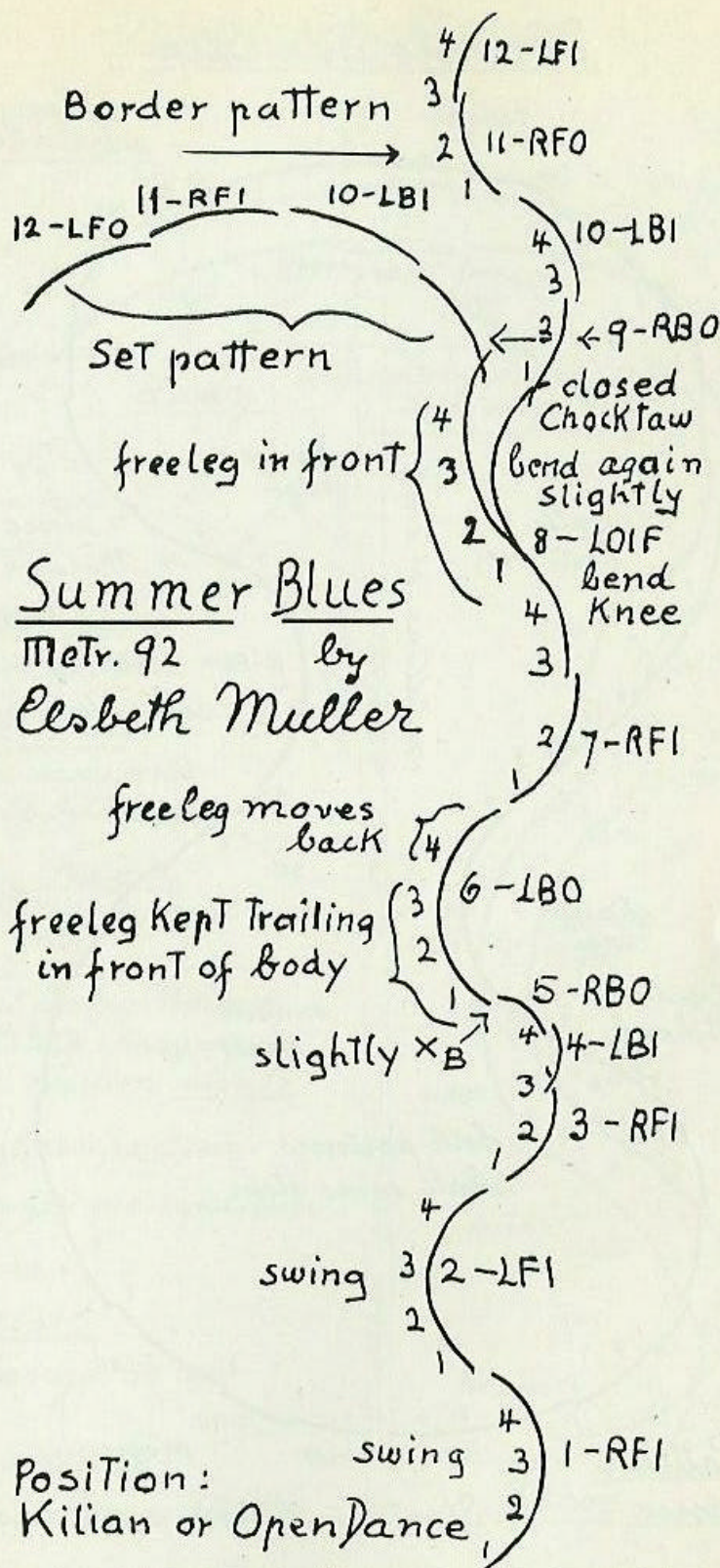
# St Louis Ice Dance

Music:  
March  
metro: 126

composed by  
George Muller







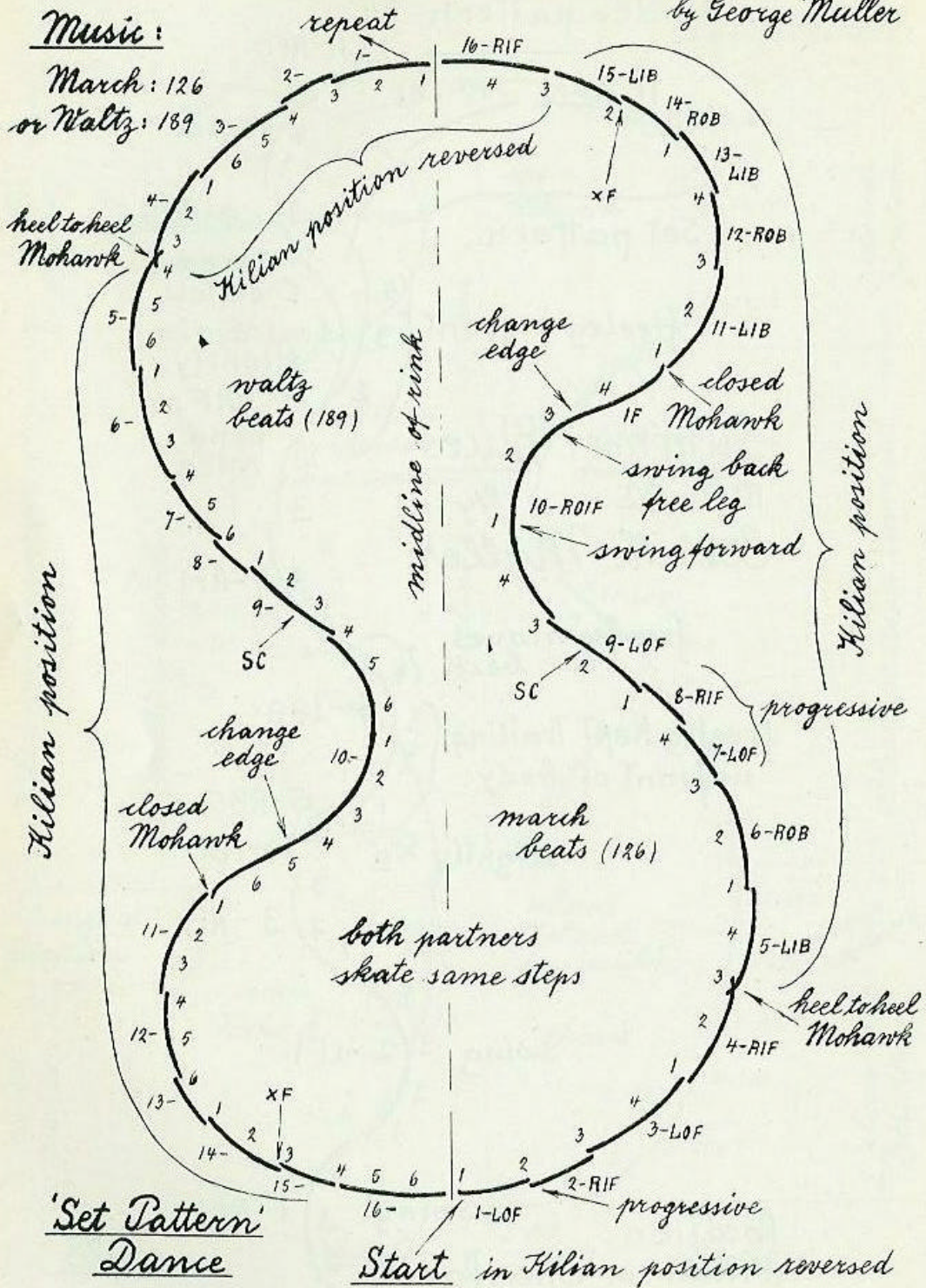
Originally meant to be skated in open dance position only, however, the dance as skated in Kilian position is easier for the beginner. This dance should be studied for "roundness of edges"—avoiding shortcuts on flats, a fault which occurs too frequently in all skate dancing. Each lobe should be aimed at the barrier or the center of the rink respectively (not down-rink).

# Toronto Ten Step

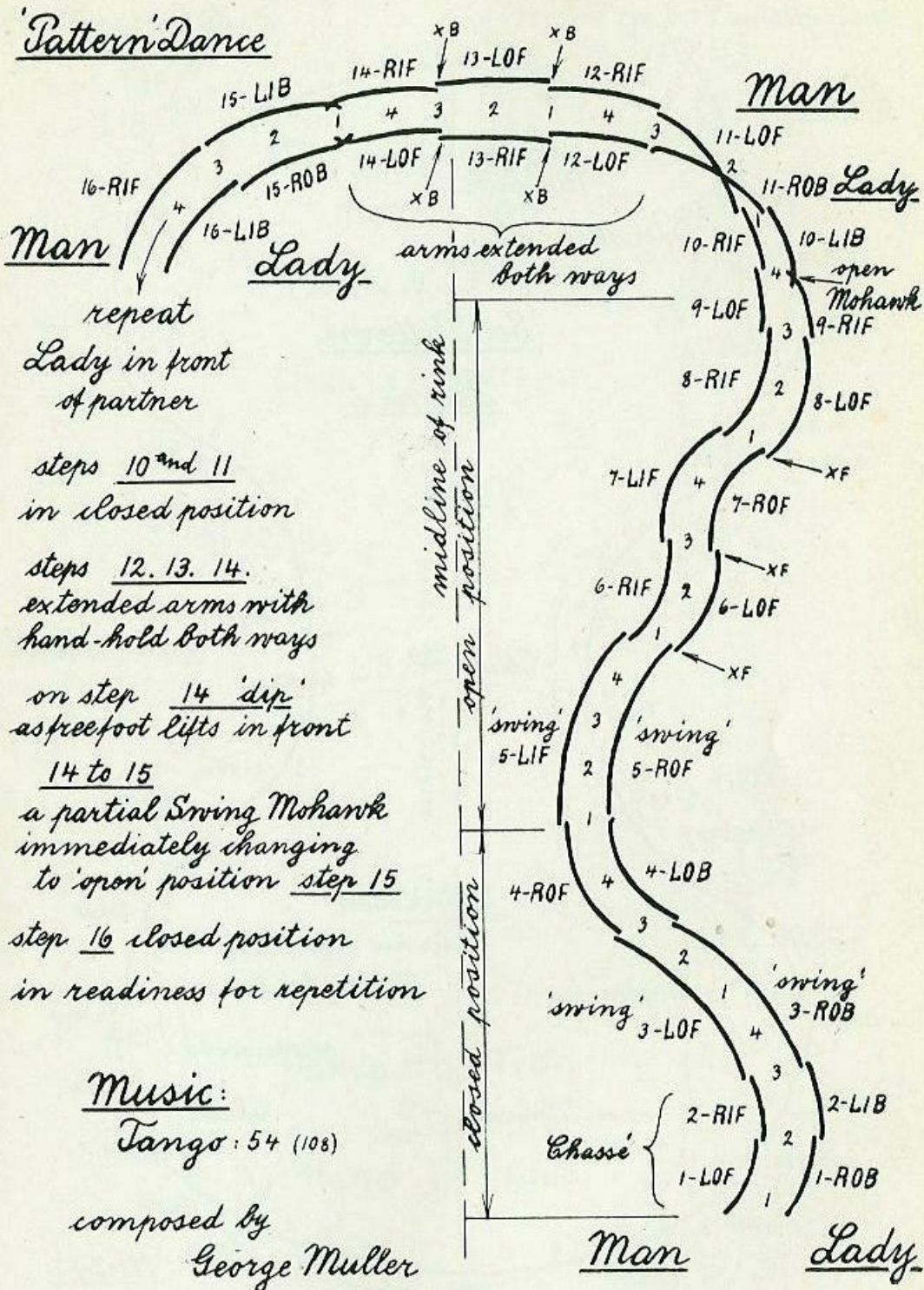
by George Muller

Music:

March: 126  
or Waltz: 189



# University Tango



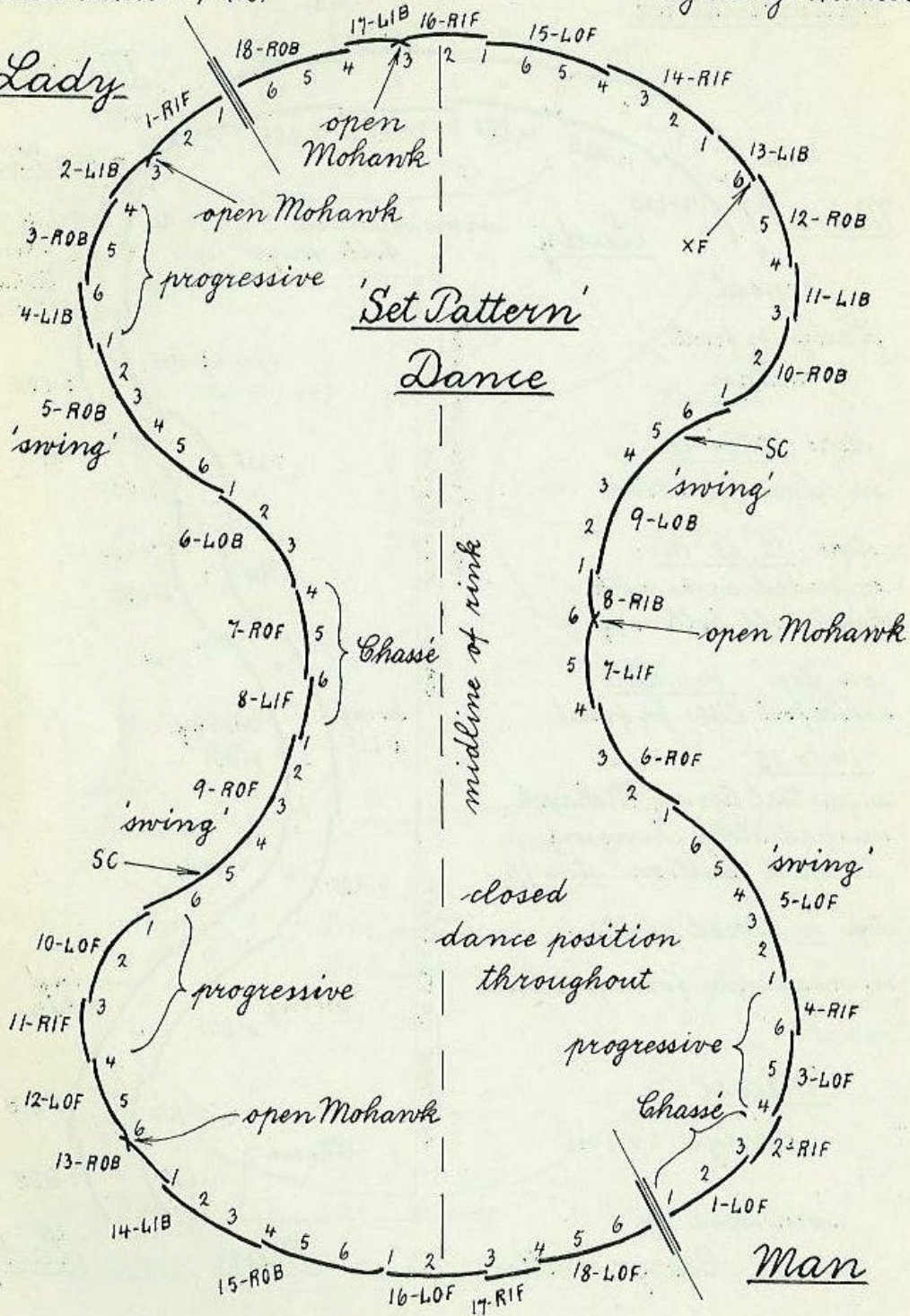
For man and lady, steps 13 and 14—while both are marked XB—these are to be executed just by STEPPING BEHIND (in line) and without actually crossing behind. The main purpose being no stroking and to lift free foot in front on steps 13 and 14.

# Western Waltz

By George Muller

metronome : 174 (58)

Lady



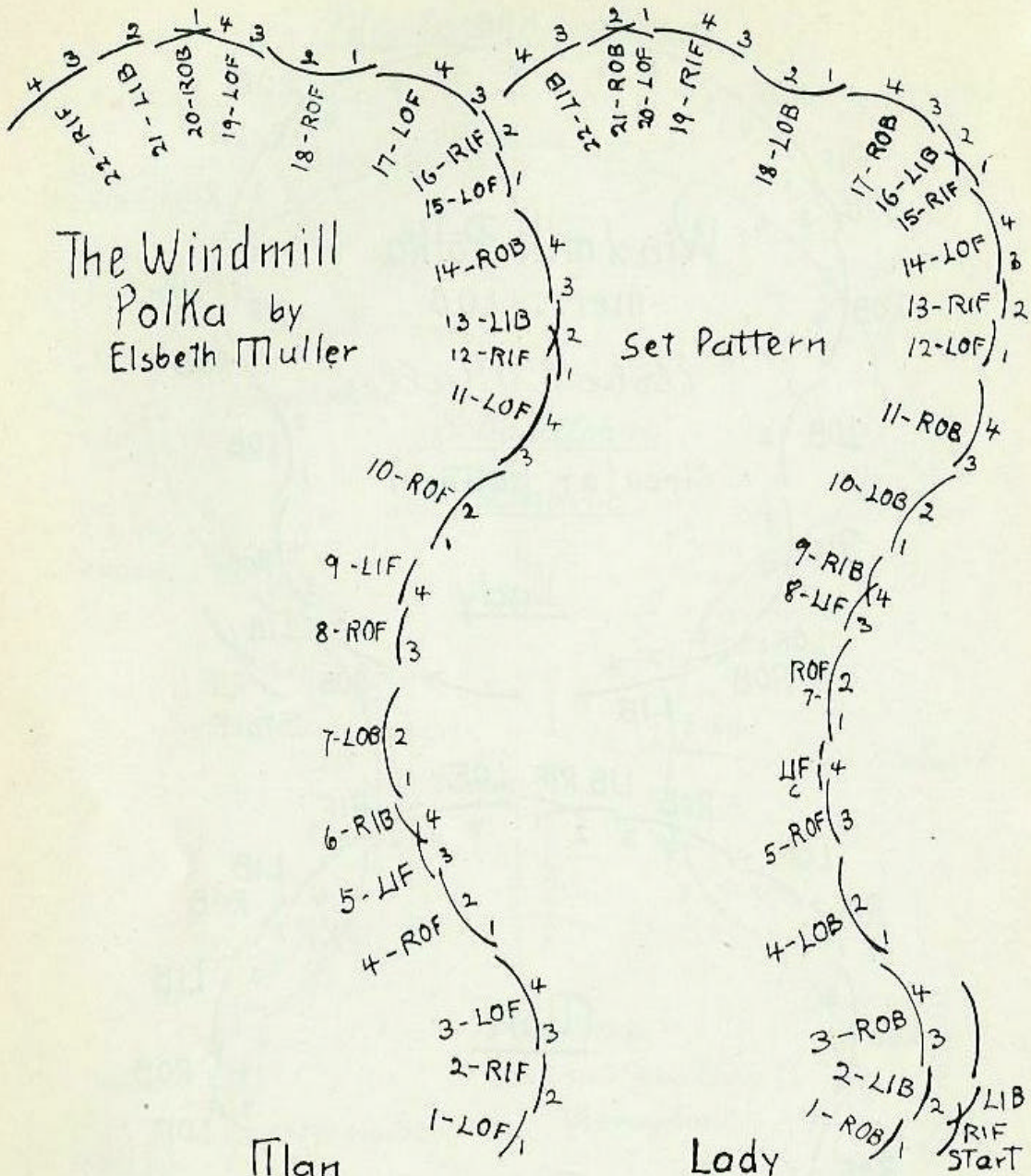


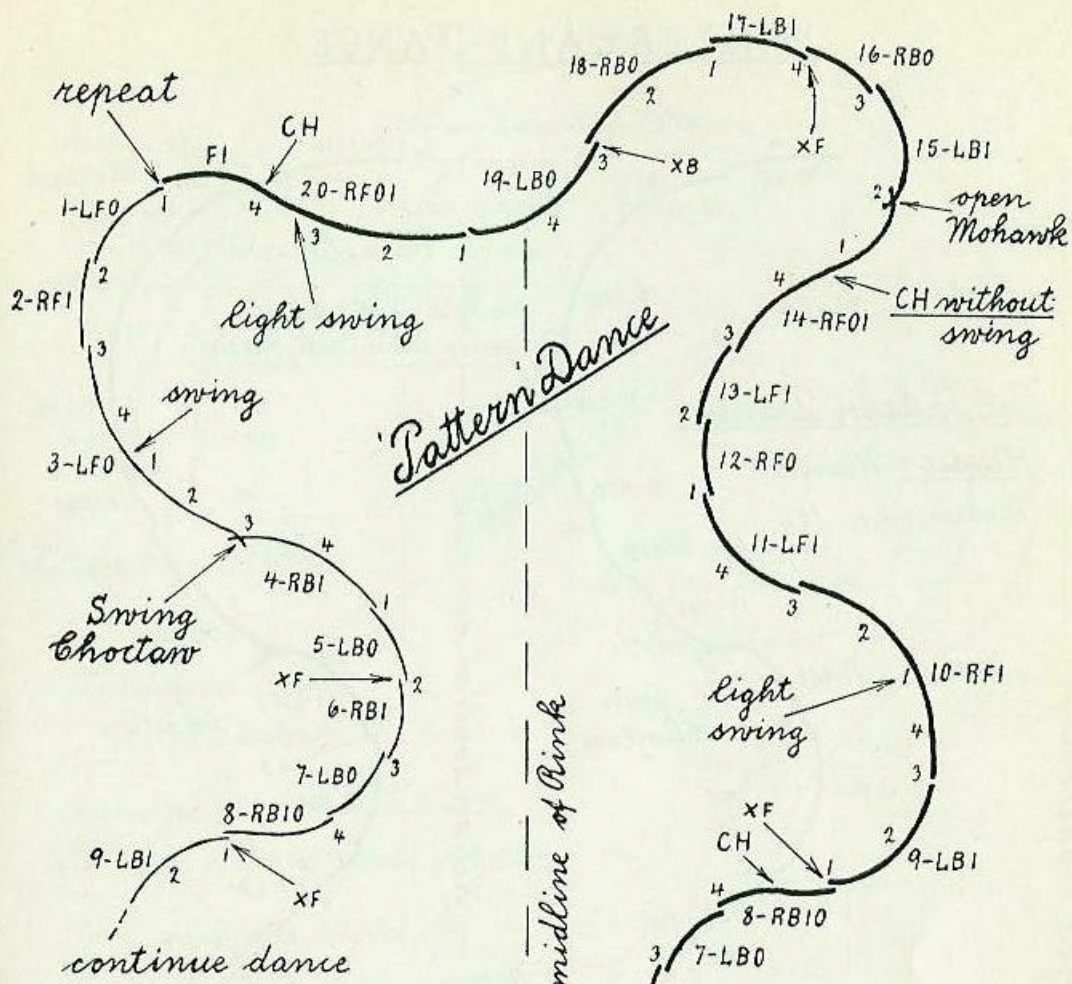
The Windmill  
Polka by  
Elsbeth Muller

Set Pattern

Man

Lady



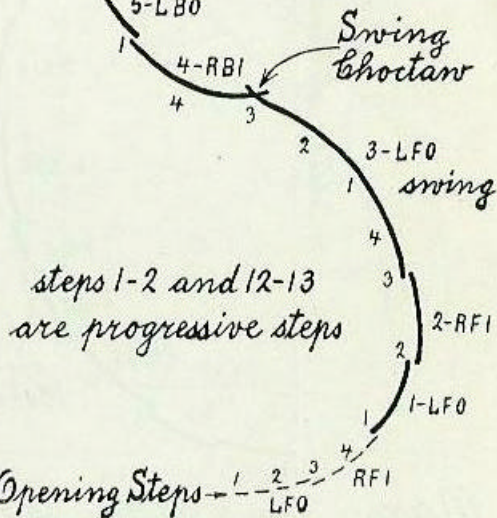


## WINTER FOXTROT

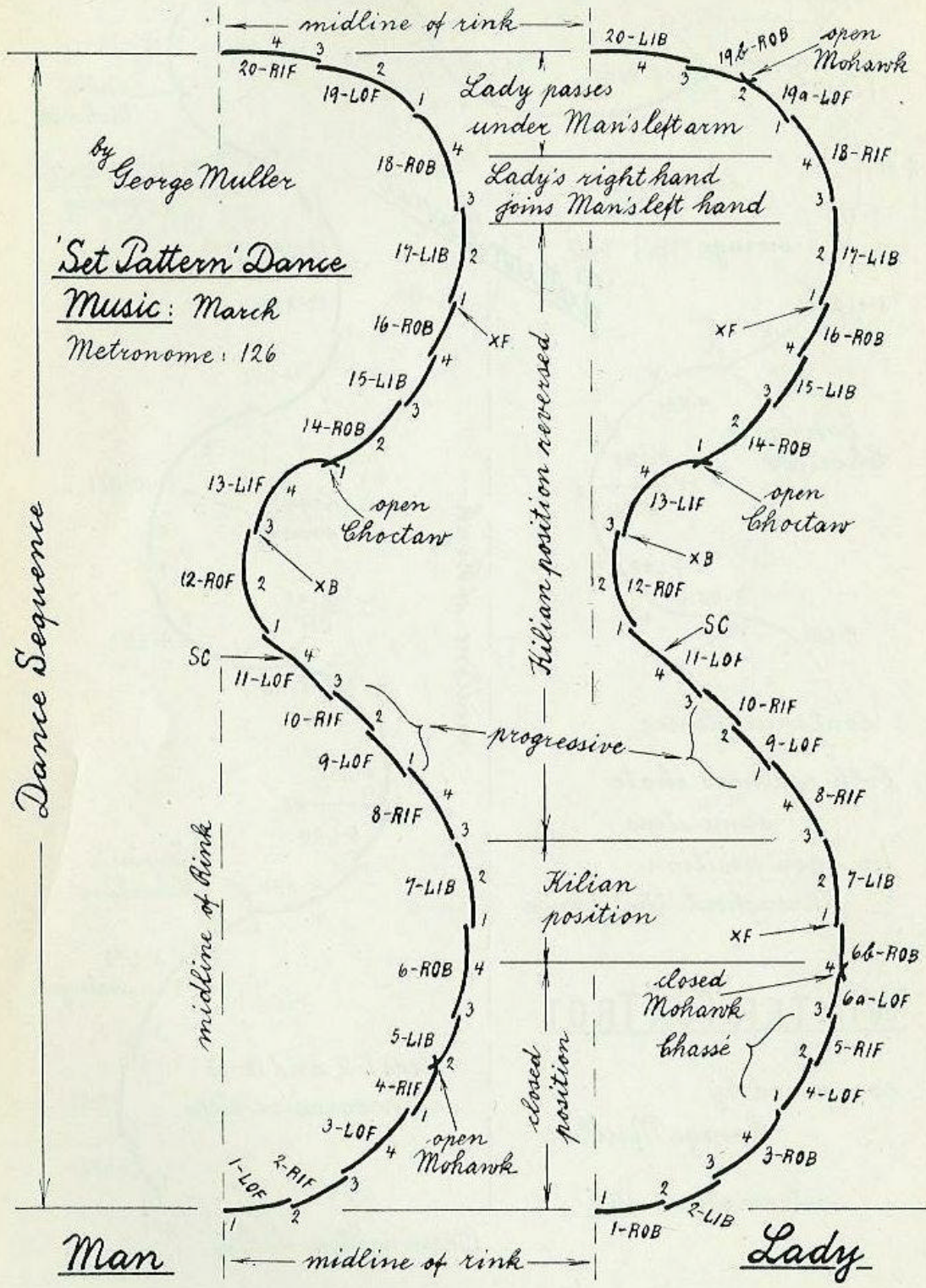
composed by  
George Muller

metronome: 104

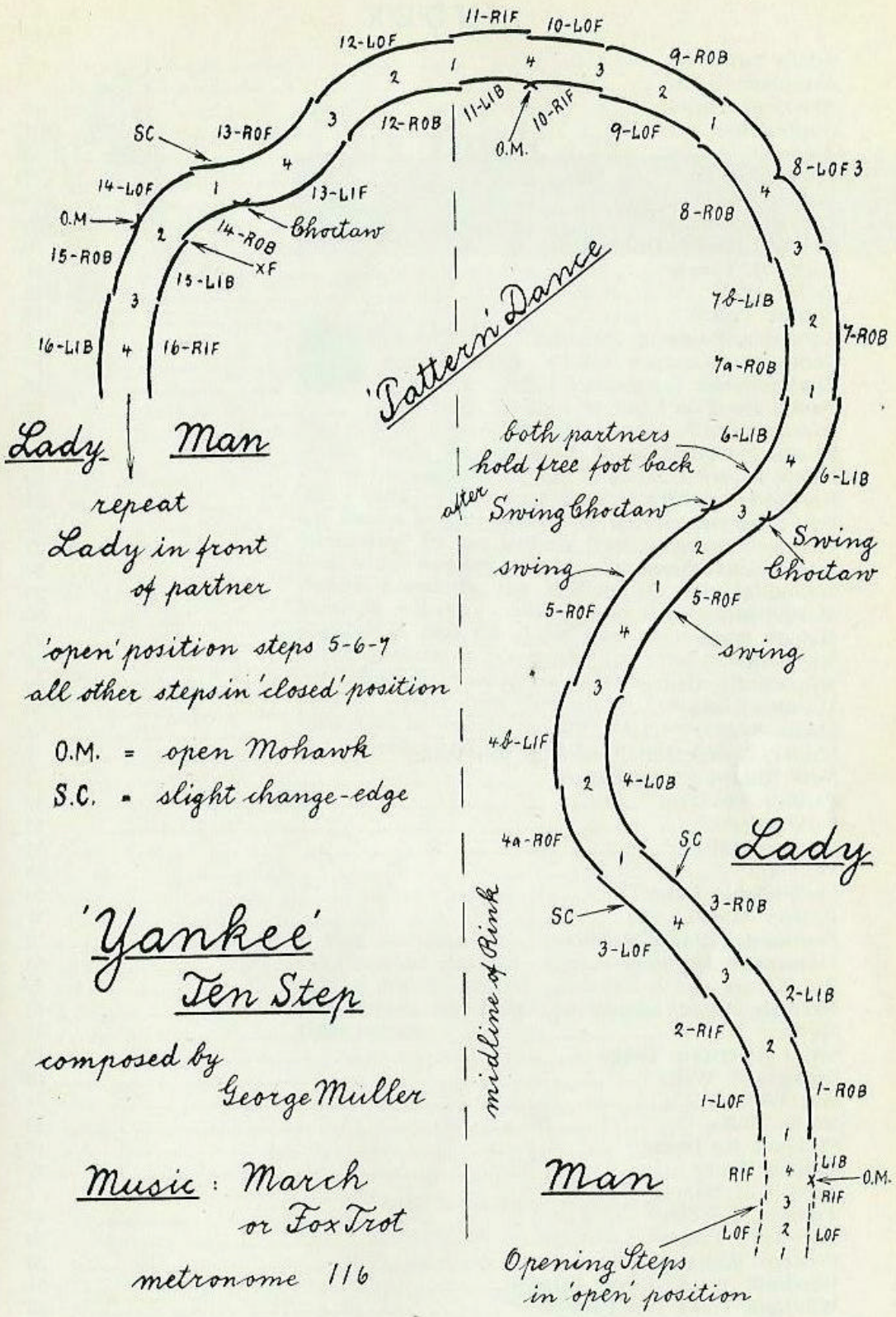
midline of rink



# WINTERLAND DANCE







Lady      Man

repeat  
Lady in front  
of partner

'open' position steps 5-6-7  
all other steps in 'closed' position

O.M. = open Mohawk  
S.C. = slight change-edge

'Yankee'  
Ten Step

composed by  
George Muller

Music: March  
or Fox Trot  
metronome 116

both partners  
hold free foot back  
after Swing Chotans

Lady

Man

Opening Steps  
in 'open' position

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## This Book . . .

**T**HIS LITTLE VOLUME is the first of several issues, written by outstanding skaters for your knowledge of the sport and with the idea in mind of presenting their accumulated life's work. This particular book, setting forth the original skate dances as composed by the Mullers, is indeed a "life's work." The more than fifty diagrams of the dances in this book were selected as "most interesting" by our authors from their compositions which number well into the hundreds. Ice skaters essentially, the Mullers are equally at home on rollers . . . consequently the dances are planned so that the skater may enjoy them in either medium of our sport. For years many of our friends have asked for "a book of the Muller dances." Well, here they are at last and your publisher, as well as the authors, sincerely wish you all years and years of happy skating.

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